



BACKCOUNTRY CACHE

A Newsletter for Members of CMC Backpacking Section

June 2021

CHAIR'S CORNER - Uwe Sartori

We're off and running, well on our way to a very successful 2021 backpacking season. A huge thank you to the hard working BPX Team, our BPX Trip Leaders, and all our BPX members. 9 trips completed, with 7 more scheduled for the rest of June. Several were joint ventures with the Conservation and High Peaks Sections. Close to 90 Backpacking Section members will have participated by the end of June.

We'd love to hear about your BPX backpacking adventures. Send stories and pictures to cmcbpxnewsletter@gmail.com.

Roster Churn continues with cancellations averaging 2-3 persons/trip. Help push that number down by not cancelling.

BPX TRIPS FOR NEXT 2 MONTHS

E=Easy M=Moderate D=Difficult

July - August Trips With Openings*

Jun 29- Tue-Thu D [Willow and Salmon Lakes, Eagles Nest Wilderness](#)
Jul 1

Jun 29- Tue-Thu E [Zirkel Tour de Lakes, Mount Zirkel Wilderness](#)
Jul 1

Jul 1-2 Thu-Fri D [Macey Lakes and Colony Baldy, Sangre de Cristo Wilderness](#)

Jul 1-3 Thu-Sat M [RMNP - Odessa Lake](#)

Jul 6-8 Tue-Thu M [Abyss Lake, Mount Evans Wilderness](#)

Jul 10-11 Sat-Sun M [Elliott Ridge and Gore Range Trail, Eagles Nest Wilderness](#)

Jul 10-13 Sat-Tue D [13216, 13537, Hilliard, OKeefe White River Forest](#)

Jul 18-19 Sun-Mon E [Brady Lake, Holy Cross Wildernes](#)

Jul 30- Fri-Sun M [Abyss Lake, Mount Evans Wilderness](#)

Aug 1

Aug 3-5 Tue-Thu D [Turquoise Lake, Holy Cross Wilderness](#)

Aug 14-15 Sat-Sun D [Upper Cataract Lake, Eagles Nest Wilderness](#)

Aug 17-19 Tue-Thu M [Upper Diamond Lake, Indian Peaks Wilderness](#)

Aug 18-19 Wed-Thu M [Lake Constantine, Holy Cross Wilderness](#)

Aug 22-25 Sun-Wed D [Avalanche Lake, Maroon Bells Wilderness](#)

Aug 23-25 Mon-Wed M [Sandbeach Lake, RMNP](#)

Aug 24-25 Tue-Wed M [Native Lake, Mount Massive Wilderness](#)

July - August Trips With 0-1 on Standby List*

Jun 29- Tue-Thu M [Crag Crest Trail, Grand Mesa](#)

Jul 1

Aug 14-15 Sat-Sun M [Lake Constantine, Holy Cross Wilderness, Doggie Trip](#)

Aug 14-15 Sat-Sun M [Missouri Lakes, Holy Cross Wilderness](#)

Aug 16-17 Mon-Tue M [Lost Glacier Gap Lakes, Snowy Range WY](#)

Aug 20-22 Fri-Sun D [Bighorn Lake and Red Canyon, Mount Zirkel Wilderness](#)

Aug 23-25 Mon-Wed M [Lamphier Lake, Fossil Ridge Wilderness](#)

Aug 23-25 Mon-Wed M [Flat Tops Deer Lake, Flat Tops Wilderness](#)

Aug 27-29 Fri-Sun D [Upper Slide Lake, Mount Zirkel Wilderness](#)

*As Of June 19

Continue to check CMC trip signup for additional trips. For just BPX trips, select Backpacking from the Section dropdown and then click the Search button. Registration is initially restricted to 3 trips whether on roster or standby, but BPX members can register for additional trips when the trip start date is less than 30 days out.

[Mountain Side Gear Rental](#) in Golden rents backpacking gear with a 25% discount for CMC Members.

SCHOOLS/EVENTS

CMC BACKPACKING - Check out Jennie Popovich, BKPS Director, discussing CMC's Backpacking School. Great school and awesome instructors. [QSS: Backpacking with the CMC](#)

DENVER DAY HIKER SCHOOL: Virtual Alternative to Wilderness Trekking School. More info [here](#)

DENVER CPR/AED: [July 7](#)

TCS NAVIGATION Virtual Courses: [Nav1/Nav2 Info \(every month\)](#), [Nav1](#), [Nav2](#)

STATE LEAVE NO TRACE TRAINER COURSE Fossil Ridge Wilderness Backpack: [July 17-18](#)

PIKES PEAK (PPG) GPS BASICS CLASS: [July 26](#)

PPG BACKPACKING SCHOOL: [August 23](#)

PPG WILDERNESS FUNDAMENTALS: [September 20](#)

BPX CELEBRATION STAUNTON STATE PARK: [October 16](#)

PPG TRIP LEADER SCHOOL: [October 18](#)

THE COMPASS - Pat McKinley

This section of the newsletter is set aside to research and discuss outdoor adventure, personal exploration, recreation or self-improvement in the context of leadership. Thus, our audience is primarily the trip leader, but since leadership has many applications, everyone is invited to come with us.

By referring to this section as “The Compass” our implication is twofold. Trip leaders need guidance in developing their skills but in a real way, are providing guidance (a path forward) to those who have chosen to follow them into the outdoors. The compass provides direction to a known location, magnetic north. A skilled navigator can use the compass and a map to travel into the unknown. By analogy, a trip leader can provide direction, encourage those following to reach their potential, and knowledge of the outdoors (a path forward) for those who follow them into the unknown.

“Leadership is an Art” is written by Max DePree. He is a businessman, so he approaches the subject from that perspective, but his book title aptly classifies leadership as a diverse range of human conceptual ideas, art. So, does a trip leader’s expression of leadership differ significantly from a businessman or military leader? As you would expect, there are many common principles but diverse ways of expressing and applying those principles.

As an introductory definition, I would like to quote John Graham “Leadership is the capacity to move others toward goals shared with you, with a focus and competency they would not achieve on their own.” John Graham, *Outdoor Leadership: Technique, Common Sense & Self-Confidence*, The Mountaineers Books, Seattle, 1997, p. 12

Q&A With Backpackers Bob & Bobbi

Dear Backpackers Bob & Bobbi,

I want to try out backpacking, but it's pretty expensive to get geared up, especially if I find out I don't like like it. Do you have any advice on how to give it a try without a big investment?

Dear Give Backpacking a Try,

Renting all or part of your gear is an option. Linda Lawson, a good backpacking buddy of Bobbi and me, recently checked this out, and here's her evaluation:

At the Chatfield Gear Check on May 14/15, I rented a 3-day backpacking kit from [Mountain Side Gear Rental](#). Ordering online was quick and easy, with offerings for both new and experienced backpackers.

The kit consisted of a Deuter 65/15-liter pack; a Big Agnes sleeping bag rated to 25 F; a Big Agnes 1 person/3 season tent; Klymit sleeping pad; Jet Boil; medical kit; biodegradable soap; matches; Black Diamond headlamp; nylon stuff sack; cordage; plastic spoon; and plastic trowel. The pack and contents

weighed about 15 pounds. Items you would need to purchase include fuel canister, water bottle, water filtration system, knife, whistle, sunscreen, food, and map.

CMC members receive a 25% discount, so this 3-day backpacking kit was about \$90 outfitted with good quality gear.

It was early season for rentals so much of the kit was new gear or unused from last season. For their sanitation procedures, all surfaces are wiped down and sprayed with Lysol before being repacked. Any item that can be is washed including the sleeping bag. If you return muddy gear, there is a \$50 fee.

Although Mountainside will send the kit to your residence or TH of choice, my recommendation is to pick it up at the store where the pack will be fitted, and you can buy items not included. Mountainside will ship gear both in and outside of Colorado. So if you are flying, you can have the kit shipped to a designated address.

*See ya' on the trails,
Bob & Bobbi Backpacker*



BPX MEMBER INFO

BPX FACEBOOK: [BPX FB](#)

BPX LINKS: Click [here](#) for BPX web page, [here](#) for BPX Member Benefits, [here](#) for CMC Member Benefits, and [here](#) for discounted Colorado State Parks Pass.

CMC COVID PROTOCOLS: Check [here](#) for latest update.

COTREX WEBINARS: [Module 1](#) and [Module 2](#)

COLORADO FIRE RESTRICTIONS: [Map](#)

LEAD THE PACK

WELCOME NEW BPX TRIP LEADERS

Candace Winkle, Denver

Looking for awesome CMC Trip Leaders from ALL CMC groups interested in expanding their trip repertoire by leading backpacking trips. Email your interest and experience to cmcbpxtlc@gmail.com. There are a variety of paths to becoming a BPX Trip Leader, and the BPX Team will help you get there. Let's talk!

BPX EDUCATIONAL VIDEO HELP

BPX is pulling together a series of educational videos for our members. Are you a screenwriter or filmmaker willing to help? Contact Event Coordinator, Danielle Piscatelli, for more information:

daniellepiscatelli@gmail.com

Want to contribute to "The Pack"? Send your backpacking photos and articles to cmcbpxnewsletter@gmail.com so we can feature it in our Backcountry Cache Newsletter. For photos please include your name, location, and date.

"CMC Backpacking Section Supports Leave No Trace"

**CMC connects Coloradans with more than 3,000 trips, hikes and activities annually.
Members also receive huge deals on outdoor gear, lodging, events and more.**

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