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BACKCOUNTRY CACHE

A Newsletter for Members of CMC Backpacking Section

April 2024

CHAIR'S CORNER - Uwe Sartori

I checked the BPX trip postings: 47 and counting. I'm pretty stoked about the idea of snagging some summer/fall backpacking adventures. How about you? A shoutout to Maggie Burns, Louise Campbell-Blair, and the rest of the BPX Committee for the 2024 BPX Member Trip Catalog Rollout Event! Thank you for a job well done. It was our 5th and largest BPX Member Rollout Event. We are grateful for technology that allowed those who could not be there in person to still share in the program. We appreciated them as well as those who were able to attend. It was a wonderful opportunity to meet, mingle, and learn about what your BPX Trip Leaders are offering up for this coming season. To every BPX Member: avail yourself of the opportunities offered through the CMC Backpacking Section. There is an adventure awaiting you. Take advantage of it!

BPX MEMBERS

There are still discrepancies with BPX Membership statuses. We are hoping to soon have an update to the CMC Website to address this issue and to assign BPX Member badges. In the meantime, please open your CMC Profile and check that it shows Backpacking Section. You can do this as follows:

- Log into cmc.org
- Hover over your name in the top right hand corner to bring up a dropdown menu and click on *My Profile*
- At the top of your Profile page, you may see a SECTIONS header followed by the sections you belong to, but keep scrolling down to the *MY PREFERENCES* section and look under **Section Memberships:**.

If you do not see Backpacking Section there and you think you are current in your BPX dues, contact cmcbpx@gmail.com, and we will look into it. Please remember that your BPX Membership join/renewal and expiration dates are tied to your CMC membership dates, regardless of when you joined/renewed your BPX membership. You can always renew you BPX membership [here](#).

[10 Ways to be a Good Member of a BPX Trip](#). Sometimes there are questions about participant expectations on a BPX Trip. Lisa Shroyer, BPX Trip Leader Coordinator, has put together an easy-to-understand Infographic. Please take time to look at it!

[Slides from BPX Member Trip Rollout](#)
[Personal Information Form for Your First-Aid Kit](#)

UPCOMING BPX TRIPS

New this year--trips will typically open up 30 days prior to their start date (trips requiring camping or permit fees may open up sooner), and there is no longer a limit on the number of BPX trips you can go on! However, you must be a member of the BPX Section to join a BPX Trip.

E=Easy M=Moderate C=Challenging D=Difficult

Upcoming Trips with Openings*

May 16-17	Thu-Fri	E	Gear Shakedown - Reynolds Park Campground	
May 18-19	Sat-Sun	E	Gear Shakedown - White Ranch Loop From West TH - Family	
May 23-24	Thu-Fri	E	Gear Shakedown - Morrison Creek From Little Scraggy TH	Opens Apr 23, 5:00pm
Jun 1-2	Sat-Sun	M	Wigwam Park From Wigwam TH	Opens May 2, 6:00am
Jun 8-10	Sat-Mon	C	Colorado Trail - Segments 4&5 From Rolling Creek TH	Opens May 8, 8:30am
Jun 18-19	Tue-Wed	E	Gear Shakedown - Morrison Creek From Little Scraggy TH	Opens May 18, 6:00am
Jun 14-16	Fri-Sun	E	Goose Creek Trail to Shafthouse from Goose Creek TH - Family	Opens May 1, 8am
Jun 21-23	Fri-Sun	M	Rich, Rough, and Tumbling Creeks from Rich Creek TH	Opens Jun 1, 7:45am
Jun 24-28	Mon-Fri	C	Camp - Grand Canyon North Rim Campground	

Upcoming Trips with 0-1 on Waitlist*

May 12-15 Sun-Wed E [Camp - Saddlehorn Campground Colorado National Monument](#)

*As Of April 19. Continue to check the CMC Website since Leaders add trips throughout the season.

You can check your trip status by hovering over your name at the top of the main CMC Home Page and selecting the *My Activities* option from the dropdown. This brings up a page with the activities you have registered for along with your status--Registered (on the trip) or Waitlist and your position on the waitlist. If you are on the waitlist, keep checking since there are often cancellations.

Whether you are on a waitlist or a roster, if you decide to NOT go on a trip, please CANCEL AS SOON AS POSSIBLE. It may not seem necessary if you are on a waitlist, but many trips have a relatively high turnover shortly before the trip, so please cancel to open up a spot for the next person.

[Mountain Side Gear Rental](#) in Golden rents backpacking gear with a 25% discount for CMC Members.

SCHOOLS/EVENTS

DENVER

[DAY HIKER SCHOOL](#) Virtual Alternative to WTS. More info [here](#)

[TRIP LEADER SCHOOL](#) More info [here](#)

[INTO TO HIKING SAFETY](#)

[Apr 24](#) [May 22](#) [Jun 26](#) [Jul 24](#)

[BACKPACKING SCHOOL](#)

Starts [Jun 4](#)

[CPR/AED](#)

[May 21](#)

[WILDERNESS SURVIVAL SCHOOL](#)

Starts [May 6](#)

[BACKCOUNTRY INCIDENT MANAGEMENT](#)

[May 18](#) [Jun 8](#) [Sep 14](#)

PIKES PEAK

[WTS WILDERNESS FUNDAMENTALS](#)

Starts [May 13](#) [Sep 16](#)

[MONTHLY WOMEN IN THE OUTDOORS CLINIC](#)

[May 14](#)

[WTS INTRO TO BACKPACKING](#)

Starts [Jun 10](#) [Jul 29](#)

[WTS LAND NAVIGATION](#)

Starts [Oct 9](#)

STATE

[WILDERNESS FIRST AID/FIRST RESPONDER](#) Multiple Offerings - Check CMC Website [here](#)

[2024 LEADER SUMMIT](#) [May 11](#)

Continue to check the CMC Website for additional courses.

BPX TIP OF THE MONTH

Gear Lists

Last month we talked about different ways to manage your gear lists, as well as the importance of using them. This month we have gear lists shared by fellow BPX members so you can see what they actually take. Keep in mind that everyone has to find their own comfort zone of what to carry--what these folks take may not be right for you. Just click on the person's name to see their list.

[Randy Blosser – BPX Special Events Coordinator](#)

Base weight – no food, fuel, or water – is approximately 18 lbs. I use this setup for all trips, from remote solo day, single night to multi-weeklong trails. Weight includes a large bear cannister which I take on all overnight trips, even if not required by local regulations. I rarely need to go over 30 lbs total weight – more than that is just not fun.

[Lisa Shroyer – BPX Trip Leader Coordinator](#)

Lisa's Lightweight Weekend Warrior Kit 25 pounds or less for most trips with cook option.

[Christina Steinmetz – BPX Member](#)

Gear list for my 2023 Colorado Trail Denver to Twin Lakes hike, about 175 miles, averaging 8-14 miles/day. Lightweight but comfortable, and could be fine-tuned if only going for a night or two and low daily miles, if sharing items with another companion, or if using in a warmer climate. I choose the items based on the hiking environment needs like location, elevation, temperature, likely weather conditions, anticipated daily mileage, water sources, space for tent pitching, resupply access, and amount/type of food carries.

[Leila Murphy – BPX Committee Member](#)

This is my pack for an easy, 1-2 night backpack where I care a little more about comfort than weight.

[Generic CMC BPX Gear List](#)

Covers the bases of the different items you should consider taking on a backpack.

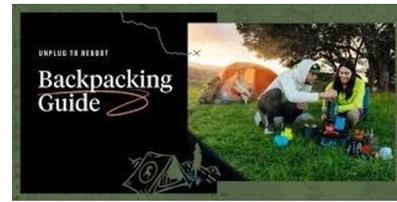
Other Generic Gear Lists



REI



Backpacker.com



Backcountry.com

BPX MEMBER INFO

BPX FACEBOOK: [BPX FB](#) Send Photos and Trips Reports to post on BPX Facebook Page to: maggie.burns1@gmail.com

BPX INSTAGRAM: [@co_backpacking_bpx](#)

BPX LINKS: Click [here](#) for BPX web page, [here](#) for BPX Member Benefits, and [here](#) for CMC Member Benefits.

BPX MEMBERSHIP RENEWAL: When renewing your CMC Membership, remember to choose the Backpacking Section for an additional \$20 on the SELECT YOUR SECTIONS page. You can also join/renew your BPX membership any time by clicking [here](#) or calling the CMC Office at (303) 279-3080.

DENVER GROUP MILEAGE REIMBURSEMENT GUIDELINES: [here](#)

AMC PARKING INFO: [here](#)

COLORADO ROAD INFORMATION: [here](#)

FIRE INFO: [National Interagency Fire Center News](#) [Colorado Fire Restrictions](#) [Wildfire Risk Management Checklist](#)

Reminders:

- COTREX shows current closures due to incidents like wildfires whereas other apps do not.
- For Foothill outings, remember to check the website for your trip to make sure there are no closures due to mud, hunting, wildlife calving, etc.

LEAD THE PACK

WELCOME NEW BPX TRIP LEADERS

Ralph Shroba - Denver

BPX COMMITTEE NEEDS YOU!

Please consider joining the BPX Committee. It's a great way to give back for the great adventures and friendships BPX and CMC have provided for you, as well as to support BPX in its continued growth and success. To find out more, email cmcbpx@gmail.com. We'd love to have you!

CMC Backpacking Section Supports Leave No Trace

CMC connects Coloradans with more than 3,000 trips, hikes and activities annually. Members also receive huge deals on outdoor gear, lodging, events and more.

JOIN

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