Dear Fellow CMC Member:

Thank you for your interest in the Adventure Travel outing **Best of the UK: London and the Channel Islands**. To apply for a place on the outing, please contact the leader (Kris Ashton) for a Participant Application. Complete the Application (including the signed Release of Liability Waiver and the Payment/Cancellation Policy) and return it to the trip leader.

Please review the following items carefully as you consider applying for this trip:

The group will have a maximum of 14 persons including the two leaders. Accommodation is double occupancy in 3-star hotels (sorry, there is no single supplement option). Please see the detailed itinerary on the CMC website for accommodation details.

Once you apply, you will be notified if you are accepted for the outing. Once accepted, submit a $500 deposit to the CMC to reserve a place ($350 is non-refundable; see Payment/Cancellation Policy in the Application). **Please do not send money before it is requested.** The remaining balance is payable by February 23, 2017.

The price of the trip is $3,195 for CMC members or $3,550 for non-members (consider becoming a member of CMC to avoid the higher price). The price includes:

*See attached summary of what is and is not included in the trip price.*

The trip begins and ends in London, England. You will need to arrive in London on or before August 22, 2017. **Prerequisites** for the trip are a good attitude, tolerance, and excellent physical conditioning as we will be walking 3-4 miles/day in London and doing B-level hikes over a variety of terrains and elevations on the Channel Islands. Some of the trails on the Islands, particularly the spectacular coastal walks, may involve some steep ascents/descents.

There are a variety of hikes we will take and at this point the specific hikes haven’t been selected. We imagine each hike will be between 4-10 miles. You should plan to bring a daypack that will carry equipment comparable to what you would bring on a typical Colorado day hike in the fall (note that the climate could also include rain, fog, and cool temperatures). In addition to your day pack, you are allowed **one** piece of luggage (carry-on size, as you will be carrying it on/off trains, ferries, buses, and along sidewalks). **Any bag larger than carry-on size will not be permitted.**

A visa is **NOT** necessary for US passport holders visiting the United Kingdom for a short-term stay of less than 90 days and for the purpose of tourism and business.

Attendance at the **pre-trip planning meeting** is mandatory, as there will be much to discuss. Location will be the CMC office in Golden, and you will receive ample notice of the date and time. If you are unable to attend the meeting in person, we can set up a virtual meeting link for you. Topics will include suggested equipment, packing, training, cultural notes, and security precautions. A selection of maps, handouts and guidebooks will be available for your review.
Please let Kris and Dawn know what questions you may have—we are at your disposal!
What’s included in the trip price:

**London**: 3 nights, 3 days, including:
- 3 nights’ accommodation in a 3-star hotel w/breakfast
- 2 dinners, including welcome dinner
- Local transportation within London by bus, river boat and/or subway
- Hop-on-Hop-off bus tour
- Greenwich Royal Observatory entrance
- Private guided tour of Highgate Cemetery

Train and Ferry transportation to St. Peter Port, Guernsey (approximately 6 hours total travel time)

**Guernsey**: 4 nights, 3 days, including:
- 4 nights’ accommodation in a 3-star hotel w/breakfast
- 3 dinners
- Guided walking tour of St. Peter Port (the capital city of Guernsey)
- Two walks; one inland walk and one coastal walk with bus transport as needed

Ferry transportation to and from Sark (one hour each way)

**Sark**: 1 day excursion, including:
- Horse-and-carriage tour of Sark
- Continued visit of Sark by walking or optional bike

Ferry transportation from Guernsey to Jersey (one hour)

**Jersey**: 4 nights, 4 days, including:
- 4 nights’ accommodation in 3-star hotel w/breakfast
- Three walking days; 2 walks with a local shepherd and a naturalist with bus transport as needed

Air transportation from Jersey to London Gatwick; Gatwick Express train into London

**London**: 1 night, 1 day, including:
- 1 night accommodation at a 3-star hotel w/breakfast
- Free afternoon to continue exploring London
- Farewell dinner

All tips as needed

What’s not included in the trip price:
- Suggested travel (cancellation/interruption/etc.) and travel medical insurance
- RT airfare to/from London; approximately $1000
- London airport transfers
- Beverages aside from coffee/tea served with meals
- Pharmacy/medical costs
- Activities/sights/attractions while visiting London on your own
- 11 lunches, 4 dinners
- Souvenirs, gifts, etc.
- Optional bike rental on Sark (~$10/day)
- Tips for hotel maids
## Itinerary Summary

<table>
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<tr>
<th>Date</th>
<th>Activity</th>
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| 8/22 | Arrive in London  
Tuesday Afternoon meeting and neighborhood walk; welcome dinner |
| 8/23 | London  
Wednesday Thames River Boat to Greenwich and Royal Observatory visit  
Hop-on-Hop-off bus tour with group or on your own |
| 8/24 | London  
Thursday Hampstead Heath walk and Highgate Cemetery private tour |
| 8/25 | Travel London to Guernsey (St. Peter Port)  
Friday Train London to Poole  
Ferry Poole to Guernsey |
| 8/26 | Guernsey  
Saturday 2-hour guided walk of St Peter Port  
Inland parish walk; visit the Little Chapel |
| 8/27 | Guernsey  
Sunday Coastal walk |
| 8/28 | Sark  
Monday Ferry to/from Sark (day excursion)  
Sark tour by horse-and-carriage; continue visit by walking or optional bike |
| 8/29 | Travel Guernsey to Jersey (St. Helier)  
Tuesday Ferry Guernsey to Jersey, afternoon free |
| 8/30 | Jersey  
Wednesday Cultural/historical walk |
| 8/31 | Jersey  
Thursday Walk North coast w/shepherd ambassador |
| 9/1 | Jersey  
Friday Walk SW coast w/naturalist ambassador |
| 9/2 | Travel Jersey to London  
Saturday Bus from St. Helier to airport  
Fly from Jersey to London Gatwick; Gatwick Express train into London; afternoon free; farewell dinner |
| 9/3 | Home or onward journey  
Sunday |