



Iceland Laugavegur Trek

Trip Information

Saturday July 20 - Wednesday July 31, 2019



Iceland is Europe's "land of fire and ice." With its extreme landscape - thundering waterfalls, glacial rivers, sand deserts, simmering hot springs, geysers, volcanoes, black sand beaches and otherworldly steaming lava fields - it attracts the more daring travelers. Since it derives much of its energy from geothermal hot springs and burns relatively little fossil fuel, Iceland also has some of the cleanest air in the world.

The Laugavegur Trail was chosen one of the "20 Best Hikes in the World" by National Geographic and we will include the Skógar extension, ending at the stunning 200-foot high Skógafoss waterfall for a 50-mile trek. We start in Landmannalaugar known for its multicolored rhyolite mountains and hot springs. The breathtaking scenery throughout the 7-day hike includes fields of obsidian, colorful mountains, black sands, geysers, glaciers and glacial rivers. We spend our nights in mountain huts at beautiful remote locations including one at the foot of the glacier Eyjafjallajökull which famously erupted in 2010 and halted air traffic in Europe.

Trip Overview



- Day 0 Travel to Reykjavik, Iceland
- Day 1 Arrival in Reykjavik, Iceland in early AM, Group dinner and planning meeting
- Day 2 Travel to Icelands southern highlands and overnight at the Landmannalaugar Hut
- Day 3 Trek to Hrafninnuskur hut
- Day 4 Trek to Álftavatn hut
- Day 5 Trek to Emstrur hut
- Day 6 Trek to Þórsmörk hut
- Day 7 Trek to Fimmvörðuháls hut
- Day 8 Trek to Skógar, Transport to Vik, Celebration dinner
- Day 9 Transport to Reykjavik, tourist stops along the way
- Day 10 Rest day with an optional trip to the Blue Lagoon Resort and Spa or tour Reykjavik on your own
- Day 11 Travel home or other destination.



Detailed Itinerary

Day 1

Sunday

July 21, 2019

Arrive in Reykjavik, Iceland in early AM.

Meet at airport or hotel.

Free day to explore the city and do last minute shopping.

Group dinner and planning meeting.

Meals Included: Dinner

Lodging: Hotel



View of Reykjavik from Hallgrimskirkja

Day 2

Monday

July 22

After breakfast at our hotel, a private transfer will take us to the Reykjavik Bus Terminal where we get onto the public bus for a 3.5 - 4 hour ride to the southern highlands and Landmannalaugar. On arrival, about noon, at the magical oasis of Landmannalaugar we check in with the wardens who allocate us bunk spaces in the hut for the night. Afternoon is free to explore the area including hot springs. Bring your swimsuit!

Group prepares dinner together in the hut's kitchen.
Overnight at hut, sleeping bags required.

Meals Included: B, L, D

Lodging: Landmannalaugar Hut



Landmannalaugar Hut

Day 3

Tuesday

July 23

Group prepares breakfast together in the hut's kitchen.

Trip leader leads trek to Hrafninnusker hut.
7.5 miles, 1542' gain, 4-5 hours.

Group prepares dinner together in the hut's kitchen.
Overnight at hut, sleeping bags required.

Meals Included: B, L, D

Lodging: Hrafninnusker hut



Hrafninnusker Hut



Day 4

Wednesday
July 24

Group prepares breakfast together in the hut's kitchen.

Trip leader leads trek to Álftavatn hut.
7.5 miles, 1607' net loss, 4-5 hours

Group prepares dinner together in the hut's kitchen.
Overnight at hut, sleeping bags required.

Meals Included: B, L, D
Lodging: Álftavatn hut



Álftavatn hut

Day 5

Thursday
July 25

Group prepares breakfast together in the hut's kitchen.

Trip leaders lead trek to Emstrur hut.
9.3 miles, 130' loss, 6-7 hours

Group prepares dinner together in the hut's kitchen.
Overnight at hut, sleeping bags required.

Meals Included: B, L, D
Lodging: Emstrur hut



Emstrur hut

Day 6

Friday
July 26

Group prepares breakfast together in the hut's kitchen.

Trip leaders lead trek to Þórsmörk hut.
9.3 miles, 984' loss, 6-7 hours

Group prepares dinner together in the hut's kitchen.
Overnight at hut, sleeping bags required.

Meals Included: B, L, D
Lodging: Þórsmörk hut



Þórsmörk hut

Day 7

Saturday
July 27

Group prepares breakfast together in the hut's kitchen.

Trip leaders lead trek to Fimmvörðuháls hut.
4 miles, 2500' gain, 2-4 hours

Group prepares dinner together in the hut's kitchen.
Overnight at hut, sleeping bags required.

Meals Included: B, L, D
Lodging: Fimmvörðuháls hut



Fimmvörðuháls hut



Day 8

Sunday
July 28

Group prepares breakfast together in the hut's kitchen.

Trip leaders lead an easy trek down to the hamlet of Skógar along the river Skógaá. At Skógar a private bus awaits us for the transfer to Vík where we spend the night at a local hotel.

8 miles, 3500' loss, 3-4 hours

Meals Included: B, L, D

Lodging: Hotel



Vík

Day 9

Monday
July 29

Today we ride back to Reykjavík in a private shuttle, stopping to visit:

- Dyrhólaey black sand beach and arch, ~1 hr
- Seljalandsfoss waterfall. ~1 hr
- 2.5 hour ride plus stops

Return to our hotel in Reykjavík.

Meals Included: B

Lunch, Dinner on your own



Dyrhólaey black sand beach

Day 11

Tuesday
July 30

Rest day at:

- Blue Lagoon or
- Explore Reykjavik on your own.

Meals Included: B-Hotel

Lunch, Dinner on your own



Blue Lagoon

Day 12

Wednesday
July 31

Return home or onward travel



What's Included

- 3 nights in a hotel in Reykjavik, Iceland
- 1 night in a hotel in Vik, Iceland
- 6 nights in Icelandic Mountain Huts along the Laugavegur Trail
- Meals B, L, D at all huts
- Luggage transfers to/between/from huts
- Medical Evacuation Insurance
- Airport shuttles
- Tips for drivers, hotel staff

What's NOT Included

- Airfare to and from Iceland
- 3 lunches, 2 dinners
- Travel and Trip insurance
- Bar tabs, souvenirs

Optional add-ons:

- Blue Lagoon shuttle and entrance
- Single supplement
- Vegetarian/Vegan supplements

Trip Cost and Payment Information

CMC Members: \$4800

Non Member: \$ 5280

Single Supplement (if applicable): \$ 512

Vegetarian or Vegan Supplement: \$100

Blue Lagoon shuttle and entrance: \$170

Minimum Deposit: \$1500

Final Payment Due By: 3/1/2019

Maximum # Participants: 15

Minimum # Participants: 10

CMC Deposit and Cancellation Policy:

1. Non-refundable Deposit: A non-refundable deposit is required to register for all trips.
2. All requests for cancellation must be submitted in writing to the trip leader.
3. Cancellations 90 or more prior to departure: All money paid in will be refunded less the non-refundable deposit.
4. Cancellation on Day 30 or more prior to departure:
 - a. If a qualified, wait-listed, person is available to take a vacated slot and pays all money due, all payments made by the canceling party will be refunded less the nonrefundable deposit.
 - b. If no one is available to take a vacated slot, 50% of paid money will be refunded, less the nonrefundable deposit.
5. Cancellation on Day 29 or fewer days prior to departure: No refund will be made.

The Colorado Mountain Club will make every effort to carry out this trip. However, if the trip is canceled by the CMC, all money collected from participants, including any "non-refundable deposit" shall be returned. Participant will not be reimbursed for any other purchase made for the trip or other expenses that the participant may have paid in association with this trip, which includes equipment purchase, airline cancellation penalties or medical inoculations.



Travel Information

Participants need to arrive in Reykjavik, Iceland, no later than 6PM, Sunday, July 21, 2019

Departures from Reykjavik, Iceland should be planned after Tuesday, July 30

Trip Leader

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