



Switzerland—Tour du Mont Blanc

August 20-September 4, 2019

Leader: Debbie Markham

\$4795 CMC member | \$5035 non-member



Mont Blanc reflects off Lac Blanc

Dear Fellow CMC Member:

Thank you for your interest in the Adventure Travel trip **Tour du Mont Blanc**. Please review the following information carefully as you consider participating in this trip.

To apply for a place on the trip, please complete the Trip Application/Participant Info form, along with the Waiver and the Payment and Cancellation Policy, and return them to the trip leader. Due to the strenuous nature of the tour, all persons interested on the trip will need to complete a detailed exercise questionnaire (included in the Participant Info form) and the leader will approve participants prior to the trip. Once accepted for the trip, submit a \$1500 deposit to the CMC to reserve a place (note that the entire \$1500 deposit is non-refundable; see Cancellation Policy in the application packet). Please do not send money before it is requested. The remaining balance is due by May 15, 2019. If you sign up for the trip after May 15, 2019, the entire amount is due at that time.

The group will have a maximum of 12 persons, including two leaders. Accommodations will be shared, double occupancy in hotels and 4-person dormitory rooms in mountain huts. In a rare circumstance, it may be necessary to stay in a three-person room due to availability. You are allowed **one** piece of flexible luggage (no hard sides) weighing no more than 15 kg (33 lbs.), which will be transferred to our lodging accommodation for each night, except for two non-consecutive nights in which luggage transfer

is not possible. In this situation, you will need to also carry a change of clothes, personal toiletries, water and lunch. Although the huts provide blankets, we recommend you bring a sleeping / silk liner for sleeping. As the weather can be unpredictable at alpine levels, it is important to be prepared for all types of weather.

Please see the detailed itinerary on the CMC website for accommodation details.

What's *included* in the price:

- 12 nights in 3- and 4-star hotels
- 2 nights in mountain huts in 4-person shared dormitory style rooms
- Shared private transfer from Geneva hotel to Chamonix
- Meals as described in itinerary
- Luggage transfers during the hike—no transfer available on 2 non-consecutive days due to remote location. Luggage must be flexible (no hard sides) and weigh no more than 15 kg (33 lbs.)
- Personal guidebook and maps from outfitter
- All tips and hotel taxes
- Transfer from Chamonix to Geneva airport for departure

What's *not included* in the price:

- Round Trip airfare to/from Geneva
- Travel (cancellation/interruption/etc.) and travel medical insurance
- Beverages not included, except those served with meals
- Pharmacy/medical costs
- Activities/sights/attractions while in Courmayeur
- Activities/sights/attractions while in Chamonix
- Any potential transportation (i.e., cable car, bus) that may be used to shorten a hike
- 1 dinner (rest day in Courmayeur), 3 lunches (rest day in Courmayeur, day 2 Chamonix, and last day ride to airport)
- Transportation cost from the Geneva airport to the hotel in Geneva at the beginning of trip
- Souvenirs, gifts, etc.

The trip begins and ends in Geneva, Switzerland. You will need to arrive in Geneva on or before **August 20, 2019**. Please plan to arrive in the late morning or early afternoon to provide adequate time for possible delays and arrival to the hotel.

Minimal Participant Requirements:

- Passport valid 6 months past return date
- Hiker C-D classification within CMC or equivalent experience
- Experience hiking at elevations of 4000 to 8000 feet above sea level
- Current physical ability to hike 5-9 hours/day (107 miles total) with an elevation gain and loss of 6.2 plus miles over 11 days
- Ability to hike up 5,100 feet of elevation gain in a single day (see itinerary for details)
- Ability to hike down 4,100 feet of elevation loss in a single day (see itinerary for details)
- Able to carry a daypack with personal gear, lunch, and water. On two non-consecutive days, luggage will not be transported and therefore participant will need to carry additional clothes and toiletries in addition to the personal gear, lunch, and water needed during the day.
- Participation in Pre-trip Activities

Attendance at the pre-trip planning meeting is mandatory, as there will be much to discuss. Location will be the CMC office in Golden, and you will receive ample notice of the date and time. If you are unable to attend the meeting in person, a virtual meeting link can be sent to you. Topics will include suggested equipment, packing, training, cultural notes, and security precautions. A selection of maps, handouts and guidebooks will be available for your review.

Please let me know what questions you might have!

Debbie Markham



Debbie in Joshua Tree NP - April 2018



enjoying the J-Tree rock



Aiguillete des Posettes - top of Chamonix Valley



Scenery near Courmayeur, Italy



Lac Combal, Italy



Martigny Valley, Switzerland



Val Ferret, Italy



View of Mont Blanc from Col de Balme between Switzerland and France

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