



Rocky Mountain Over The Hill Gang

Hill Topics
January 2013



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"BECOMING VAN GOGH"

Denver Art Museum

SATURDAY, JAN 12, 2013 - 10 AM

**REGISTRATION IS CLOSED.
PLEASE CONTACT JANE
FOR MORE INFO.**

We will meet outside the front entrance of the museum at 9:45. The Denver Art Museum is located on 13th Ave, between Broadway and Bannock streets. Parking suggestions will be mailed to participants within a week prior to the event. We will have an optional lunch after the tour.

The October issue of the Denver Post noted: "This exhibit presents a career retrospective of Vincent Van Gogh, with 70 of the artist's works on loan from 40 international museums and collections. Van Gogh's personal struggles are legend ~ his mental illness and absinthe addiction, his famous moment of self-mutilation. But this show sets that aside, instead looking at how Van Gogh taught himself to draw, how he learned about ink and oil and different kinds of paper, how he expressed his religious convictions through his choice of subject matter. This exhibit is noted to have unique and attractive intellectual merits and is honed to promise a more structured and

informational take on the 10 years ~ just 10 ~ that Van Gogh made before his death in 1890". *Becoming Van Gogh* is described as the most ambitious undertaking for the DAM in its 120 year history.

For more information you may go to the DAM website or contact Jane VanderKolk at 303-421-3378.

Jill Edlund & Jane VanderKolk,

Social Activity Coordinators



We're on the Web!
See us at:

[www.rmothg.org/
UploadedUserFiles/
nlarchive.aspx](http://www.rmothg.org/UploadedUserFiles/nlarchive.aspx)

**You Can Download the
Newsletter**

SECTION CHAIR'S MESSAGE



"Always bear in mind that your own resolution to succeed is more important than any other one thing."

~Abraham Lincoln



Happy New Year, 2013!

Our **new** Social Activities Coordinators, Jane and Jill, are looking forward to the Van Gogh exhibit on Saturday, January 12. The exhibit is amazing AND is mostly sold out on other days. We also get the group price.

A BIG THANK YOU to our RMOTHG leaders for leading hiking/biking/ snowshoeing trips who were recognized on Leader Appreciation Day: **Joe Leahy** - 70 trips, **Hassan Elhandour** - 34 trips, **Pete Spandau** - 32 trips, **Linda Lawson** - 27 trips, **Jeff Flax, Carole Adler** and **Sue Henley** - 11-15 trips. **Frank Burzynski, Michael Tamny,** and **Barbara Schwarz** - 6-10 trips, **Marion Dries, Bea Slingsby, Jim Stelzig, Elaine Kallos, Jim Stookesberry, John Lookabill, Margie Schielmann, Sandy McRae, Vern Bass, Carol Shansby, Colleen Landry,** and **Jennifer May** - 2-5 trips. Thanks, also, to all of the RMOTHG leaders who led one trip. **WOW!** We really appreciate all of your planning and hard work.

If I have forgotten someone, please let me know so that I may acknowledge you, too!

If you missed CMC Press author Alan Apt's Introduction to Backcountry Snowshoeing Presentation in November, please join him at the Westminster REI, on January 15, and the Denver Flagship REI, on January 16. Both presentations are from 6:30 to 8 pm. Apt will present a slideshow highlighting snowshoeing fundamentals and snowshoe trails along the Front Range. After the presentation, he will answer questions and sign his book *Snowshoe Routes: Colorado's Front Range*. Visit [REI's website](#) for more details.

Wishing you many joys, fun adventures, good friends and good health during 2013 and in the future.

Think SNOW!

Kathy Malone, Section Chairperson

UPCOMING ACTIVITIES

JAN 12	BECOMING VAN GOGH
JAN 21	RMOTHG BOARD MEETING - ALL ARE WELCOME. 6PM, BAKER ROOM, CMC
FEB 25	EARTHQUAKE CENTER & GEOLOGY MUSEUM TOUR

THE SNOW HAS
ARRIVED ~
**LET'S
SNOWSHOE!**

Trip leaders monitor changes in weather and road conditions and may change or cancel a trip if conditions require. We send out an email the evening before, or morning of, the snowshoe announcing any changes to the trip and other information you need to know about the trip.

As with other CMC activities, RMOTHG snowshoe participants are asked to bring the ten essentials (see link below), including extra water, food, and extra warm clothing! We don't wear jeans or cotton (due to hypothermia concerns), and carry Yaktrax (\$20-30) and/or MICROspikes (\$65) to handle any trail conditions – especially to prevent falls on ice. Both are available at REI, sporting goods and hardware stores.

After a slow start to the season, we have enough snow to break out those snowshoes and get on the trails. The RMOTHG offers its members snowshoe trips every Wednesday. Snowshoeing is ranked as one of the best forms of exercise, especially in the winter months. We welcome new and experienced snowshoers on casually paced trips. We usually snowshoe for a couple of hours, eat a snack or lunch, and then snowshoe back out. Stops are planned at nearby restaurants for more relaxing refreshments on the return to Denver.

We send out an e-mail each week to those on our snowshoe mailing list announcing the following week's trip. If you're not on the list and would like to receive the weekly announcements, contact Jeff Flax at Jeff@JFlax.com



CMC Ten Essentials -- http://www.cmc.org/recreation/recreation_cmcEssentials_WhatToBring.aspx

You also may be interested in Winter Trail Days on Sat, January 12th. The event is held yearly at Echo Lake. Numerous snowshoe companies make their products available for demo from 10am-3pm.

Additionally, REI continues to offer classes on snowshoeing. See: Introduction to Snowshoeing Class - <http://www.rei.com/class/145/market/320>

We look forward to snowshoeing with you soon!

Your RMOTHG Snowshoe Trip Leaders

JANUARY 2013 SCHEDULE

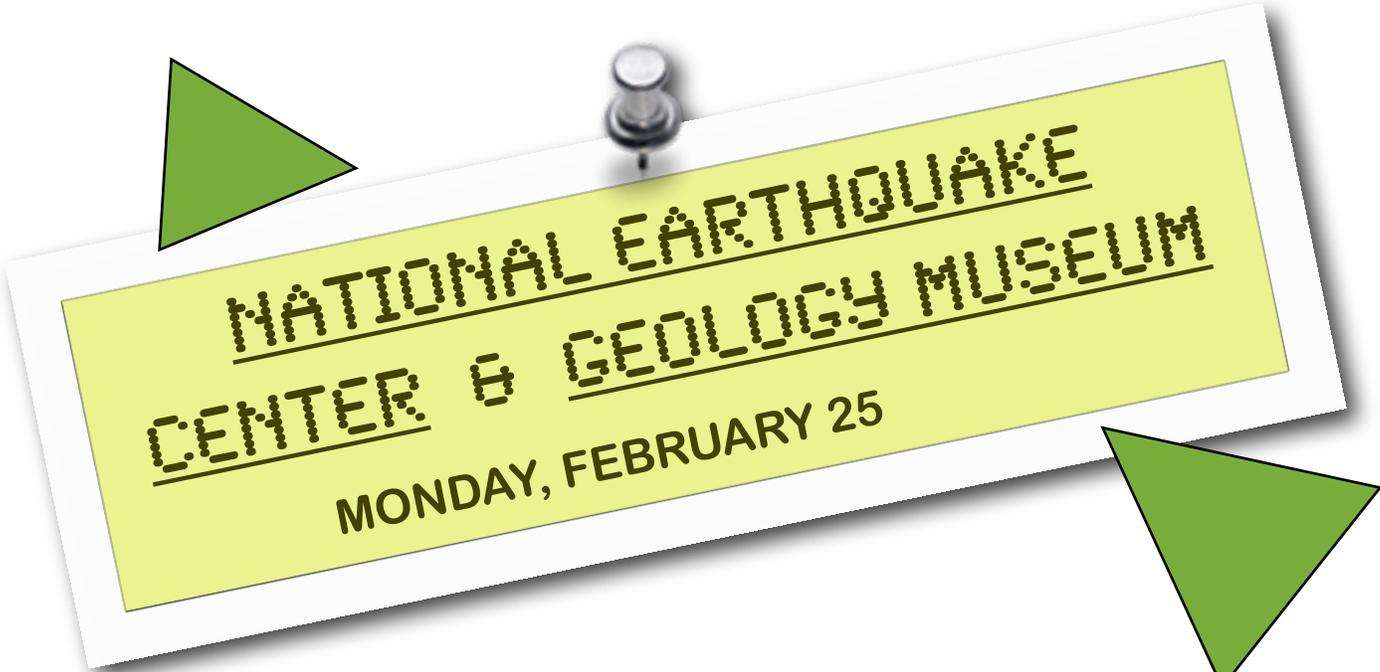
January 2 – Old Squaw Pass Road

January 9 – Jim Creek

January 16 – Jenny Creek

January 23 – Rainbow Lake (Brainard Lake area)

January 30 – Kenosha Pass - West



**NATIONAL EARTHQUAKE
CENTER & GEOLOGY MUSEUM
MONDAY, FEBRUARY 25**

On February 25th, we will be repeating the popular tours of the National Earthquake Center (NEIC) and the Colorado School of Mines Geology Museum, both located at the Colorado School of Mines (CSM) in Golden.

The tour of the NEIC includes fascinating information about the technology and science of earthquakes. The Center monitors and reports on earthquakes around the world. Our tour will take 45 minutes to one hour and will include a lecture about the National Earthquake Information Center operations, the Earthquake Early Alerting Service, and earthquakes in general.

Next, we will visit the CSM Geology Museum to learn about minerals, fossils, gemstones, meteorites and artifacts. Highlights include a video on the geology of the Golden area, interactive displays on radioactivity, ultraviolet minerals, and precious metals. Weather permitting, after our indoor-guided tour; we'll walk outdoors along a geologic trail that features fossilized dinosaur tracks.

Those interested can join us after the tours at the Sherpa House Restaurant for a delightful Nepalese experience.

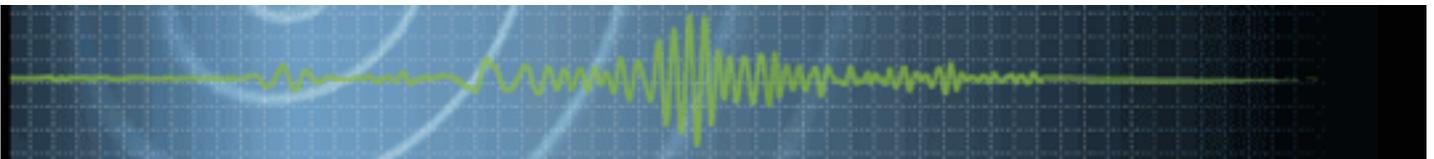
The interior decor is an authentic representation of a typical Sherpa house in the Himalaya. Entrees are available for \$10-\$13 and numerous appetizers, soups and salads are on the menu.

Limited parking is available at an hourly rate on the CSM campus. For those interested, we will be carpooling from downtown Golden. Directions for parking and to the restaurant will be given to carpool drivers the day of, and all participants will receive a map for our walking tour.

Both tours are free. Information on how to sign-up for this event will be available in the February 2013 RMOTHG newsletter.

To learn more about these tours, visit:

National Earthquake Information Center --
<http://earthquake.usgs.gov/regional/neic/> ,
Geology Museum --
http://www.mines.edu/Geology_Museum ,
Sherpa House Restaurant and Culture Center --
<http://www.ussherpahouse.com/>



HELP, I NEED SOMEBODY!

The social committee for the RMOTHG needs volunteers to take the lead in planning and organizing 7 additional monthly activities for the remainder of 2013. Many of you have come up with some great ideas for the coming year and we're looking forward to working with you in planning and organizing some of these great events. Several of you may want to work together and plan one event and that always makes it easier for everyone. Jane and Jill will certainly be there as the supporting cast and will help out with getting the information in the newsletter and posting the event on the CMC social program site. If there is a fee for the event we will take care of that also through

the CMC site. We can also assist with reserving room space at the CMC if needed. If you are interested in volunteering, please give either Jane VanderKolk or Jill Edlund a call and we'll fill you in on the specifics.

Jane and Jill will be organizing the summer picnic in June, the annual meeting in September, and the holiday party in December. Jane has organized our January event. Becky Flax has organized our February event. We'll need volunteers for the remaining months.



Please call
Jane VanderKolk at
303-421-3378 or
Jill Edlund at
303-471-0578.

FUN PHOTOS

FUN PHOTOS
WANTED!
Email YOUR photos to
Maryann -
la.garuda@gmail.com



Photos by Jim Petersen

GOOD NEWS!

The current newsletter and previous years' newsletters are always available at the club website page

[www.rmothg.org/
UploadedUserFiles/nlarchive.aspx](http://www.rmothg.org/UploadedUserFiles/nlarchive.aspx)

ROCKY MOUNTAIN OVER THE HILL GANG

A Section of the Colorado Mountain Club Denver Group

January 2013

RMOTHG Section Board

Section Chair	Kathy Malone	303-322-8517
Section Vice Chair	Marion Dries	303 670-5141
Secretary	Jim Stelzig	303-526-0251
Treasurer	Barbara Schwarz	303-816-9172
Members at large	Connie Carroll	303-997-5576
	Curt Edlund	720-837-7988
	Dave Grimes	303-986-7666
	Marc Hasfjord	303-238-2409
	Cynthia Tamny	303-271-0838
CMC Denver Council Chair & Liaison	Jeff Flax	303-464-7377
CMC Denver Council Liaison	Sandy McRae	303-670-5764

Activity Coordinators

Membership	Connie Carroll	303-997-5576
Snowshoeing	Pete Spandau	303 432-2447
	Jeff Flax	303-464-7377
	Sue Henley	303-570-0129
	Elaine Kallos	303-795-6323
	Joe Leahy	720-839-3245
	Barbara Schwarz	303-816-9172
Biking	Pete Spandau	303 432-2447
	Jeff Flax	303-464-7377
	Wayne Tomasello	720-344-8932
Hiking	Joe Leahy	720-839-3245
	Michael Tamny	303-271-0838
	Marc Hasfjord	303-238-2409
Activities	Jill Edlund	303-471-0578
	Jane VanderKolk	303-421-3378
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**ROCKY MOUNTAIN
OVER THE HILL GANG**