



Rocky Mountain Over The Hill Gang

Hill Topics

November 2013



101ST ANNUAL DINNER !!

Denver Group - CMC

NOV 10 ~ SIGN UP BY NOV 4

COST: \$35

MEAL SELECTION:

Apricot and Goat cheese Chicken Breast
Chevre Orzo and Basil Stuffed Portobello
Asian Marinated Port

Tickets and additional information at www.cmc.org
under events

For more information contact Jeff Flax
Jeff.Flux@gmail.com

TABLES WILL BE SET-ASIDE FOR RMOTHG
MEMBERS TO SIT WITH ONE ANOTHER.



LIONS AND TIGERS AND BEARS...OH MY! NOVEMBER 9

A trip to the Wild Animal Sanctuary in Keenesburg, CO is planned on Saturday, November 9th as the November monthly social event. Head north on I-76 (Hudson), turn right on CO Highway 52 (east) to the sanctuary – 4 miles on the right (south) side of the highway. There are signs along the road directing you to the sanctuary. We will meet at the sanctuary at 9:30 and walk on a raised walkway around the site to observe the animals and watch as they are fed by the owners of the facility at 10 AM. The walk around the sanctuary takes approximately two hours, so wear your comfortable shoes and layers of clothing, depending on the weather. A fee of \$15 is charged for the visit which individuals will pay as we enter the site. An optional stop for lunch at the Pepper Pod restaurant in Hudson, CO will be available. Go to wildlifesanctuary.org to learn more about this unique facility and its inhabitants.

WHEN: SUN. NOVEMBER 10

SOCIAL HOUR: 5:30 – 6:30 FOLLOWED BY DINNER AND SPEAKER

WHERE: THE GREEN CENTER, COLORADO SCHOOL OF MINES, 924 16TH STREET, GOLDEN, CO

SPEAKER: PHIL POWERS, EXECUTIVE DIRECTOR OF THE AMERICAN ALPINE CLUB

The evening's talk will be given by Phil Powers, on "Life Lessons From Mountains Big and Small." Phil will speak about the ways in which a few simple but important lessons from his most challenging climbs have served him in work and life. His lecture culminates with being dropped 75 feet to the ground in 2011, his subsequent recovery, and the lessons he learned.



RMOTHG Holiday Party

Sun Dec 8, 3:00 to 7:00 PM
~ Reserve by Dec 4th ~

Join us for a turkey and ham dinner in celebration of the holidays. Like most holiday feasts, there will be lots of delicious, familiar and some new dishes to try. The fun and socialization begins with complimentary wine and soft drinks at 3:00 PM, followed by dinner at 4:00 PM. You may wish to provide a turkey or ham or the other trimmings that complement the meal. Bring your favorite dish or try a new recipe.

After dinner, we are providing continued socialization & holiday entertainment. We will end the evening with a drawing for a number of gift cards for those lucky members with the winning tickets received upon arrival and check-in. A decision to not have a white elephant gift exchange was made to allow for more time to socialize and an earlier conclusion of our party.

Please bring a child's toy for any age group for a contribution to The Action Center in Lakewood. Participation is optional. If you wish to bring wrapping paper for the child's gift, it will be appreciated.

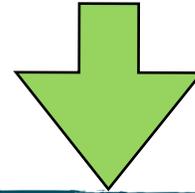
What to bring:

An appetizer, side dish, salad or dessert to share. Indicate your preference at sign-up. If you are willing to supply a cooked ham or turkey, notify Jane prior to the event.

A beverage if you prefer something other than wine, water or a soft drink.

Your lucky charm to assist in being the winner of a gift card.

Sign up by December 4th at www.CMC.org. Log-in as a member, click event and go to the Calendar to select RMOTHG holiday party. If you do not see a confirmation



- 1~ Denver Group Annual Dinner
- 1~ Wild Animal Sanctuary Tour
- 2~ Holiday Party
- 2~ Hut Trip
- 3~ Section Chair's Message
- 3~ Social Calendar
- 4~ Snowshoeing
- 4~ Hiking
- 5~ Fun Photos
- 5~ Useless Trivia

after sign-up or have other difficulty, please call CMC membership at 303-279-3080, ext. 2.

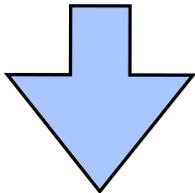
The party is at CMC, located on the corner of 10th St. and Washington Ave. ~ 710 10th St, Golden. Use the rear entrance.

Please direct questions to Jane VanderKolk at jane.vanderkolk@comcast.com or Jill Edlund at jillke@msn.com



Snow Shoers -

- Just a heads up ~ there will be a hut trip to Broome Hut in January for all who are interested (limit 16 people)
- Watch for updates and time when you can sign up.
- Availability will be on a first come first serve basis.
- We had a blast at Francie's Cabin last year ~ this year should be even better!



WE'RE ON THE WEB!

You can download the current and previous years' newsletters at the club website page

www.rmothg.org/UploadedUserFiles/nlarchive.aspx

BOARD MINUTES NOW AVAILABLE!

The RMOTHG Board minutes are now available for download

<http://www.rmothg.org/BoardMinutes.aspx>

SECTION CHAIR'S MESSAGE

Hello all,

We are well into the shoulder season, but as our newsletter makes clear, there is much going on in the RMOTHG:

- If you have not done so, sign up for the Denver Group dinner, to be held November 10th at the Green Center at the Colorado School of Mines. Deadline for sign up is November 4th. Dinner details are in the 11/10 'event' section of the CMC calendar.
- Elsewhere in the newsletters you'll see summaries of the hiking and biking seasons just past. They've been highly popular activities this year and, depending on the weather, may continue into this month. Snowshoeing will begin in December.
- Consider becoming a trip leader!! The Colorado Mountain Club offers Trip Leader School, as well as Wilderness First Aid classes. Further details on how to become a leader are in the "trip leader" section of hikingdenver.net.
- If someone asks you about how the RMOTHG works, a good thing to suggest is that they go to CMC.org and key **RMOTHG** into the search field. There's a one-pager there that covers the scope of what we do and how to become a part of things.
- RMOTHG does not have a skiing group, nor do we organize trips similar to those for hiking and biking. Many members do ski, though, and there are a lot of the guided ski days at various resorts in which members participate on their own. "Guided" means that there are volunteer guides (not CMC connected) for all different levels of expertise, so it is possible to have someone to ski with at your level. Those days are: Monday-Vail and ABasin, Tuesday-Breckenridge, Wednesday-Winter Park, Thursday-Keystone (with a party at the senior center afterwards), and Friday-Loveland.
- Details of the holiday party appear elsewhere in the newsletter. Keep the evening of Sunday December 8th free and don't miss it!
- Lastly, and FYI: REI announced earlier this year that returns of items purchased in their stores must be brought back within a year, a change from their formerly very liberal return policy. Purchases at REI's outlet stores can be returned only within 30 days.

With best wishes,

Cynthia

RMOTHG Social Calendar



NOVEMBER 9 – Wild Animal Sanctuary Tour in Keenesburg, CO



DECEMBER 8 – Holiday Party, Jane & Jill

SNOWSHOE/WINTER HIKE SEASON

STARTS DECEMBER!

Stay active this winter by joining RMOTHG members on our Wednesday snowshoe treks or winter hikes! If you'd like to receive our weekly emails telling you where and when, please email either Barbara Schwarz, Schwarz@prodigy.net or Jeff Flax, Jeff@JFlax.com. Officially, we start snowshoe treks and hikes in December, but if a big November snow comes, we'll email about spontaneous snowshoe trips, so join the email list soon!



DEER CREEK Feb 20, 2013 ~ Note red microspikes & yak traks on boots, and smiling faces even with no snow!

If you've never snowshoed, we happily accommodate newbies as well as experienced snowshoers. Come play in the snow with us! Sometimes big snow avoids us, so we offer yak trak or microspike hikes, too (See pic above!) Watch for snowshoe sales in November at REI, yak traks (wire loops you stretch over your boot bottoms ~ \$20 -\$30) or microspikes (crampons which also fit over your boots ~ \$65) for traction on snowy/icy spots at REI or any sporting goods store. Look for our December article and trip schedule in the next RMOTHG newsletter.

SEE YOU IN OUR BEAUTIFUL WINTER COLORADO OUTDOORS SOON!

HIKING WRAP-UP

THE 2013 RMOTHG HIKING SEASON ENDS

This year has been the first that someone other than Marion Dries, Jim Stookesberry, or Jeff Flax had a hand in the RMOTHG hiking program. In our (Marc Hasfjord and Michael Tamny) humble opinion, it has been quite a year as well as a learning experience. Thank you for your enthusiasm, the obvious enjoyment you take from getting out in the Colorado landscape, and your willingness to adapt to our occasional struggles trying to coordinate such a large program. It's a large program as you can see by these statistics: 920 hiker-days spread out over 68 hikes (A-43 B-22 C-3) covering 26 calendar Wednesdays plus assorted scouts and alternate day hikes. And if we hadn't lost several Wednesdays to weather, I suspect that we'd have exceeded a 1,000

hiker-days. As it is, with one hike still remaining, the total will still come close.

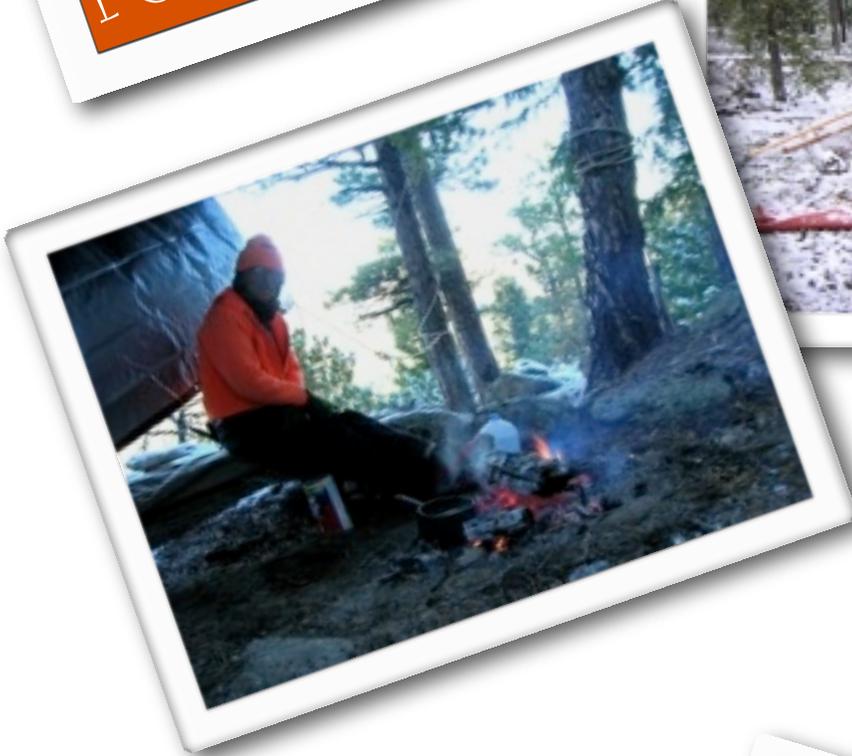
It would be hard to over-express our appreciation to the 26 trip leaders that made this program possible. I know it is customary to give the trip leader and co-leader an attaboy/girl after the hike, but don't hesitate to do so once again when next you meet one these people:

Carole Adler
Frank Burzynski
Sandy Curran
Dave Damouth
Marion Dries
Curt Edlund
Hassan Elghandour
Jeff Flax
Marc Hasfjord
Sue Henley
Elaine Kallos
Colleen Landy
Kathy Malone
Nancy Martinets

Jennifer May
Sandy McRae
Winnie Prall
Dave Riter
Margie Schliemann
Neil Schliemann
Barb Schwarz
Carol Shansby
Pete Spandau
Jim Stelzig
Jim Stookesberry
Michael Tamny

~Michael Tamny

FUN PHOTOS



BIG FUN IN THE SNOW!
DAVE GRIEST & SUE HENLEY
ENJOY THE 3 SISTERS TO
ELEPHANT BUTTE SLACKPACK.

FUN PHOTOS
WANTED!
Email YOUR photos to
Maryann -
la.garuda@gmail.com

USELESS TRIVIA

IN DAYS OF OLD - *and the words stuck*

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire.. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme: Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old.

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could "bring home the bacon."

ROCKY MOUNTAIN OVER THE HILL GANG

A Section of the Colorado Mountain Club Denver Group

RMOTHG SECTION BOARD

Section Chair **Cynthia Merrill Tamny**
cmtamny@ecentral.com

Section Vice Chair **Curt Edlund**
jillcurt@msn.com

Secretary **Jim Stelzig**
jamesstelzig@comcast.net

Treasurer **Barbara Schwarz**
schwarz@prodigy.net

Past Chair **Kathy Malone**
kmalone66@q.com

Members at large

Martha DelPorte
sabona51@comcast.net

Dave Grimes
davegri@comcast.net

Marc Hasfjord
marchasfjord@comcast.net

Cindy Johnson
cbjohnson7@comcast.net

John Pearson
jd.prsn@gmail.com

**CMC Denver Council
Chair & Liaison** **Jeff Flax**
jeff@jflax.com

**CMC Denver Council
Liaison** **Sandy McRae**
sandy.mcrae1@gmail.com

ACTIVITY COORDINATORS

Membership **Martha Delporte**
sabona51@comcast.net

Snowshoeing **Barbara Schwarz**
schwarz@prodigy.net

Jeff Flax
jeff@jflax.com

Sue Henley
henleysl5@aol.com

Elaine Kallos
ekallos@msn.com

Joe Leahy
joeleahy3410@yahoo.com

Biking **Pete Spandau**
pete80007@gmail.com

Jeff Flax
jeff@jflax.com

Wayne Tomasello
wtomasello@comcast.net

Hiking **Joe Leahy**
joeleahy3410@yahoo.com

Michael Tamny
matamny@ecentral.com

Marc Hasfjord
marchasfjord@comcast.net

Activities **Jill Edlund**
jillke@msn.com

Jane VanderKolk
jane.vanderkolk@comcast.net

Newsletter **Maryann Mayer**
la.garuda@gmail.com

