



# Rocky Mountain Over The Hill Gang

## Hill Topics

### December 2013



## RMOTHG Holiday Party

SUN DECEMBER 8

~ 3 to 7 ~



Join us for a turkey and ham dinner in celebration of the holidays. Like most holiday feasts, there will be lots of delicious, familiar and some new dishes to try. The fun and socialization begins with complimentary wine and soft drinks at 3:00 PM, followed by dinner at 4:00 PM. You may wish to provide a turkey or ham or the other trimmings that complement the meal. Bring your favorite dish or try a new recipe.

After dinner, we are providing continued socialization & holiday entertainment. We will end the evening with a drawing for a number of gift cards for those lucky members with the winning tickets received upon arrival and check-in. A decision to not have a white elephant gift exchange was made to allow for more time to socialize and an earlier conclusion of our party.

Please bring a child's toy for any age group for a contribution to The Action Center in Lakewood. Participation is optional. If you wish to bring wrapping paper for the child's gift, it will be appreciated.

### What to bring:

An appetizer, side dish, salad or dessert to share. Indicate your preference at sign-up. If you are willing to supply a cooked ham or turkey, notify Jane prior to the event.

A beverage if you prefer something other than wine, water or a soft drink.

Your lucky charm to assist in being the winner of a gift card.

Sign up by December 4<sup>th</sup> at [www.CMC.org](http://www.CMC.org). Log-in as a member, click event and go to the Calendar to select RMOTHG holiday party. If you do not see a confirmation after sign-up or have other difficulty, please call CMC membership at 303-279-3080, ext. 2.

The party is at CMC, located on the corner of 10<sup>th</sup> St. and Washington Ave. ~ 710 10<sup>th</sup> St, Golden. Use the rear entrance.

Please direct questions to Jane VanderKolk at [jane.vanderkolk@comcast.com](mailto:jane.vanderkolk@comcast.com) or Jill Edlund at [jillke@msn.com](mailto:jillke@msn.com)

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### BOARD MINUTES NOW AVAILABLE!

The RMOTHG Board minutes are now available for download

<http://www.rmothg.org/BoardMinutes.aspx>

### WE'RE ON THE WEB!

You can download the current and previous years' newsletters at the club website page

[www.rmothg.org/UploadedUserFiles/nlarchive.aspx](http://www.rmothg.org/UploadedUserFiles/nlarchive.aspx)

*Jane VanderKolk & Jill Edlund,*

Social Activities Coordinators



RMOTHG presents:  
 “Friday Night at the Movies”

FRIDAY, JANUARY 10 from 7 ~ 9 pm

RMOTHG members went on several adventure trips this past year. We thought it would be fun to have them share their photos. So join us for a travelogue night at CMC in the Conference Room D for slide shows, popcorn, and pop on Friday, January 10, 2014 from 7:00pm- 9:00pm.

We are saving space for 5 people to share their shows. If you would like to show your adventure slides (must be hiking, biking, skiing,... not just a tourist) please call Sue Henley. Limit yourself to only 15 photos in your show and only load them into a PowerPoint presentation and bring them on a DVD or a flashstick. If you have don't have PowerPoint or if you need a little help with PowerPoint

you can call Sue Henley (303-570-0129) to walk you through setting up a simple slide show.

To sign up for Movie Night go to [www.cmc.org](http://www.cmc.org) and click on Events, go to January 10 on the Calendar, and sign up for “RMOTHG Friday Night at the Movies” by January 8, 2014. There is a \$ 7.00 charge for this activity, paid when you sign up, that will cover the snacks and room rental for that night.

*Sue Henley* 303-570-0129

*Jane VanderKolk* 303-421-3378

## Snow Shoers -

- Just a heads up ~ there will be a hut trip to Broome Hut in January for all who are interested (limit 16 people)
- Watch for updates and time when you can sign up.
- Availability will be on a first come first serve basis.
- We had a blast at Francie's Cabin last year ~ this year should be even better!

Frank Burzynski  
 Carole Adler



BROOME HUT



## SECTION CHAIR'S MESSAGE

*Hello,*

The first board meeting of the new fiscal year (10/1-9/30) took place November 18<sup>th</sup>.

Some of the topics discussed:

Martha Delporte, incoming membership chair, reported we now have 677(!) regular members.

The year-end expense report and draft budget for 2014 were accepted.

Dave Grimes brought newly made RMOTHG business cards to the meeting, and they will be available at the holiday party.

The BOD voted to reimburse one-half of four snowshoe leader's tuition for the AIARE I Avalanche School classes, to be held in January and February next year.

Neil Schliemann & Jeff Flax presented info on CMC, Denver Group and RMOTHG finances.

Full minutes will be available after each meeting at <http://www.rmothg.org/BoardMinutes.aspx>  
There are six meetings a year, and the next will be at 2:00pm, Monday January 13<sup>th</sup>, at the American

Mountaineering Center. Meetings are open to all members. If you would like a particular issue raised, let any board member know.

On a more memorable note, the Denver Group selected Marion Dries and Jim Stookesberry as two of the Service Award winners for 2013. This recognition of Marion and Jim marks their roles in establishing the OTHG as a vital and growing part of CMC and the Denver Group. Those of us who enjoy the bounty of opportunities to hike, snowshoe, bike and cross-country ski owe much to Marion and Jim for their past and continued involvement.

The OTHG became part of CMC in September of 2005. Marion and Jim go back to that time and before. Both are veteran hiking trip leaders and have served on the board of directors, Jim being chair for several years. Before joining CMC, there were just one or two OTHG leaders in charge for a season, and many fewer members than we have now. They both played pivotal roles in helping us grow to our current thriving state: without our volunteer activity and trip leaders, we are nowhere.

With best wishes to the entire OTHG family,

*Cynthia*

## UPCOMING ACTIVITIES

- DEC 8 HOLIDAY PARTY
- JAN 10 FRIDAY NIGHT AT THE MOVIES
- JAN 13 RMOTHG BOARD MEETING



## WELCOME TO SNOWSHOEING & WINTER HIKING

Are you thinking SNOW? December starts our official snowshoe/winter hike season! We welcome all snowshoers – newbies or experienced – to our fun, Wednesday snowshoe treks. For newbies, snowshoeing is easy. If you can walk, you really can snowshoe!

Come enjoy a fun, outdoor workout with supportive, active others, and have a great time on a scenic Colorado trail! Every week, we carpool to a different trailhead, snowshoe or hike at a casual pace for a couple of hours, have lunch, and return. On our way home, you can join us at an optional snack stop and meet new friends.

Each week, we send an email with details about the following Wednesday snowshoe or winter hike. If you'd like to be on the email list, email [Jeff.Flux@GMail.com](mailto:Jeff.Flux@GMail.com).

About safety, we're serious, folks. RMOTHG members come prepared for winter weather changes and varying snow conditions. They're the most cooperative, flexible, helpful bunch we know, and we leaders are grateful! **Please see link below for snowshoeing info and list of TEN ESSENTIALS we all carry.** Sometimes we don't have enough snow for snowshoes, so we use yak trax or microspikes, a basic we all carry for each trip. You can buy yak trax (\$20-30) and microspikes (\$65) at REI & other sporting goods stores, online.



### DECEMBER SNOWSHOE SCHEDULE

(Two choices each week!)

WED, DEC 4: -LEADER'S CHOICE:  
-SCOTT GOMER -JEFF FLAX

WED, DEC 11: -CARIBOU RANCH  
-CORRAL PARK

WED, DEC 18: -MT. FALCON, DEER  
CREEK, OR ROXBOROUGH  
-MEYER RANCH

NO SNOWSHOE ON CHRISTMAS DAY  
unless some of you get together on your  
own!

**NOTE: WED, DEC 4, 7 P.M CMC, GOLDEN.** Alan Apt who wrote *Snowshoe Routes: Colorado's Front Range* (14ers to family trails) will show photos from his book; talk about snowshoeing basics & winter mountaineering techniques. **Free!** Sign up on CMC calendar.

See [REI.com/snowshoeing](http://REI.com/snowshoeing). Click on *snowshoeing tips* and then, *snowshoeing* on left side of link. Next, click on *All Snowshoe Articles*. You'll find the **10 Essentials** there as well as other excellent snowshoeing articles. Also check REI's schedule for free December snowshoe clinics at your nearest REI. REI rents MSR snowshoes/poles you can try before buying.

**We look forward to fun snow adventures with you!**

Your snowshoe trip leaders

## CROSS-COUNTRY SKIERS & LEADERS

Many RMOTHG members have expressed an interest in cross-country skiing. However, we are short of qualified leaders to accommodate our members. To be a CMC cross-country leader, you must be a winter leader and have at least



an "Easy" CMC cross-country ski rating. Please contact Jeff Flax at [Jeff@JFlax.com](mailto:Jeff@JFlax.com) if you are interested in leading cross-country trips.

If you are interested in joining us on cross-country ski trips, please contact the RMOTHG cross-country ski coordinator Jeff Flax at [Jeff@JFlax.com](mailto:Jeff@JFlax.com). You will need an "Easy" ski rating or permission from the trip leader. All skiers are encouraged to take the CMC Backcountry Ski Touring School ( [http://www.hikingdenver.net/?page\\_id=1936](http://www.hikingdenver.net/?page_id=1936) ) which offers excellent instruction in the sport. The school begins in December with field days (including Tuesdays) in January.



REMEMBER SUMMER?

~ photo by Jim Petersen

FUN PHOTOS

FUN PHOTOS  
WANTED!

Email *YOUR* photos to  
Maryann -  
[la.garuda@gmail.com](mailto:la.garuda@gmail.com)

USELESS TRIVIA

WHY: Why do men's clothes have buttons on the right while women's clothes have buttons on the left?

BECAUSE: When buttons were invented, they were very expensive and worn primarily by the rich. Since most people are right-handed, it is easier to push buttons on the right through holes on the left. Because wealthy women were dressed by maids, dressmakers put the buttons on the maid's right! And that's where women's buttons have remained since.

WHY: Why do ships and aircraft use 'mayday' as their call for help?

BECAUSE: This comes from the French word m'aidez -meaning 'help me' -- and is pronounced, approximately, 'mayday.'

WHY: Why are zero scores in tennis called 'love'?

BECAUSE: In France, where tennis became popular, the round zero on the scoreboard looked like an egg and was called 'l'oeuf,' which is French for 'the egg.' When tennis was introduced in the US, Americans (mis)pronounced it 'love.'

**ROCKY MOUNTAIN OVER THE HILL GANG**

A Section of the Colorado Mountain Club Denver Group

**RMOTHG SECTION BOARD**

**Section Chair** **Cynthia Merrill Tamny**  
cmtamny@ecentral.com

**Section Vice Chair** **Curt Edlund**  
jillcurt@msn.com

**Secretary** **Jim Stelzig**  
jamesstelzig@comcast.net

**Treasurer** **Barbara Schwarz**  
schwarz@prodigy.net

**Past Chair** **Kathy Malone**  
kmalone66@q.com

**Members at large**

**Martha DelPorte**  
sabona51@comcast.net

**Dave Grimes**  
davegri@comcast.net

**Marc Hasfjord**  
marchasfjord@comcast.net

**Cindy Johnson**  
cbjohnson7@comcast.net

**John Pearson**  
jd.prsn@gmail.com

**CMC Denver Council  
Chair & Liaison** **Jeff Flax**  
jeff@jflax.com

**CMC Denver Council  
Liaison** **Sandy McRae**  
sandy.mcrae1@gmail.com

**ACTIVITY COORDINATORS**

**Membership** **Martha Delporte**  
sabona51@comcast.net

**Snowshoeing** **Barbara Schwarz**  
schwarz@prodigy.net

**Jeff Flax**  
jeff@jflax.com

**Sue Henley**  
henleys15@aol.com

**Elaine Kallos**  
ekallos@msn.com

**Joe Leahy**  
joeleahy3410@yahoo.com

**Biking** **Pete Spandau**  
pete80007@gmail.com

**Jeff Flax**  
jeff@jflax.com

**Wayne Tomasello**  
wtomasello@comcast.net

**Hiking** **Joe Leahy**  
joeleahy3410@yahoo.com

**Michael Tamny**  
matamny@ecentral.com

**Marc Hasfjord**  
marchasfjord@comcast.net

**Activities** **Jill Edlund**  
jillke@msn.com

**Jane VanderKolk**  
jane.vanderkolk@comcast.net

**Newsletter** **Maryann Mayer**  
la.garuda@gmail.com

