



# Pikes Pique

The Newsletter of the CMC Pikes Peak Group

## Upcoming PPG Classes

### PPG ARCPro Multipitch Concepts Class

Starts July 31

Students will learn techniques applicable to climbing multipitch routes, including: preparation, anchors, belaying, cleaning gear, belay transitions, descending, and climbing with a 3-person team. Prerequisites: Students should have basic rock climbing skills, such as taught in our BMS Rock Climbing or the equivalent, to include belaying, rappelling, and climbing communication. Leading skills are not absolutely necessary, but it is recommended that participants take the ARCPro Gear and Anchors Class and Traditional Lead Climbing Class prior to this class, as students may practice placing trad gear and building trad anchors. Cost: \$95.

### PPG Basic Mountaineering School - Colorado Wilderness Backpacking

Starts August 21

There are two class lectures. Our discussions include finding the right backpack, systems review, including sleeping systems, cooking systems, clothing systems, ultra-light techniques, tents, trip planning, team composition, group dynamics, and site selection. There is a CMC Rating Trip (overnight) that is designed to reinforce principals and techniques discussed in class. We will do a gear check prior to the overnight to make sure you are properly equipped. Pre-requisites: Wilderness Fundamentals and Land Navigation. The "Wild Fun" class covers concepts that will be expected knowledge for this course and will reference the text provided from this class! Cost: \$45.

### PPG Basic Mountaineering School - Wilderness Fundamentals

Starts August 23

The Wilderness Fundamentals class is an introduction of important skills and back country knowledge to enable participants to independently plan and safely implement a day's outing in the great outdoors—away from civilization and all it provides. Class lecture covers the fundamentals of choosing back country gear (the Ten Essentials), trip planning, nutrition, conditioning, Leave No Trace (LNT) conservation practices, mountain weather, safety, emergency planning protocol (what to do when things go wrong), and a case study of a recent, Colorado wilderness accident. This class is a pre-requisite for many of our other PPG courses and will provide participants with a copy of *Mountaineering: Freedom of the Hills* that will be referenced in other courses! Make sure you have this one under your belt. Wilderness Fundamentals is part of the Pikes Peak Group's Basic Mountaineering School located in Colorado Springs. The program may be a pre-requisite for trips or other schools. If you have any questions, please contact the instructor for this course. Each course stands alone, and is scheduled on the CMC.org calendar with a brief description, prerequisites, and applicable fees. Cost: \$45 for PPG members, \$55 for others.

### PPG ARCPro Sport Lead Climbing Class

Starts August 25

This two-day class will teach participants the skills needed to safely lead sport climbs; to include setting up a top-rope anchor, cleaning the anchor and rappelling or lowering down, along with some more advanced sport climbing skills. On Day One, we will focus on the safety components and transitions of leading sport climbs and cleaning/rappelling sport climbs, then on Day 2 students will practice leading, will learn movement techniques, how to fall safely (with some practice taking real falls), and advanced leader belaying. It is designed for the climber who has climbed top-rope style, but who would like to advance into being a fully "independent climber" able to put up ropes at the start of a climb, and safely take down ropes at the end of a climb. Prerequisites: Participants are expected to either be graduates of BMS Rock or have experience with good climbing belay skills, rappelling, good climbing communications, and a good working knowledge of knots and the climber's safety system. Your experience does not need to be extensive, but this is not an introduction to climbing class. Cost: \$80. (Continued on page 3.)



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)



## Your PPG Council

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Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## Welcome New Members!

John Acker  
Gayle Allen  
David Blankenstein  
Kimberly Blankenstein  
Ava Russell



## Member Discounts

Adventure Medical Kits

Ajax Bike and Sport

American Mountaineering Museum

Atrevida Beer Co (was Great Storm)

Bentgate

Breckenridge Nordic Center

City Rock

Friction Labs

Frisco Nordic Center

Gold Camp Brewing

Golden Bike Shop

Ken's Anglers

Lumiere Telluride

Moosejaw

Mountain Chalet

Mountain Equipment Recyclers

Mountainsmith

Neptune Mountaineering

ProMotive.com

R&W Rope

ROCK'n & JAM'n

Rocky Bob's Fly Fishing Rods

Summit Terragraphics

The Custom Foot

The Mountaineers Books

The Trailhead

TrailRunner Magazine

Vagabond Ranch Huts

Wilderness Exchange Unlimited

## Conservation Corner

Saturday, August 4 is the second workday scheduled for the Putney Gulch section of the Ring the Peak Trail. The work is similar to what we did on the Lovell Gulch Trail last year: improve the drainage of water from the trail so it does not erode ruts or collect into mud. Please sign up at [cmc.org](http://cmc.org).

For September, State CMC has also set up a collaboration with RMFI and Friends of the Peak to make improvements on the Devils Playground Trail. We will be working both days on the weekend of September 15-16, with camping overnight. RMFI will provide food. Please sign up for that trip directly on the [RMFI site](http://RMFI site).

the PPG  
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## Upcoming PPG Classes (continued)

### **Pikes Peak Intro to Mountain Biking Basics**

Starts September 4

Learn the gear, maintenance, safety, and entry level techniques for basic mountain biking. Mountain biking is a great way to enjoy the wilderness with a little more skill and finesse, to get out for a short outing after work, and to build cardio before a big climb. The classroom dates are 04 and 06 Sep from 6:00p to 9:30p, and the field dates are 08, 15, and 22 Sep all day. A strong fitness level to go on a full day technical bike ride is required for the field sessions as this will not be casual riding. The field sessions will be progressive in nature to build on skills. Cost: \$75 for Pikes Peak Group members and leaders, \$90 for all others. There are also rental costs if you don't own the gear.

### **Pikes Peak Intro to Technical Canyoneering**

Starts September 12

Have you completed Intro to Desert Hiking & Canyoneering and BMS Rock Climbing courses? Take those skills to the next level. Learn the proper gear, safety, and technique for technical canyoneering. There are many nuances to this environment that warrant a safe approach such as provided by this class. The classroom session is on 12 Sep from 6:00p to 9:30p. There are two evening field session in Colorado Springs to cover some basics and evaluate fitness levels on 13 and 20 Sep, then we go on a four-day trip to the desert scheduled for 30 Sep through 03 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on full day hikes with scrambling and rappelling on high exposure in hot terrain, squeezing through narrows, and hiking all day in loose sand and deep water is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field sessions are required to attend the Utah trip. Prerequisite: Completion of both BMS Rock Climbing *and* Intro to Desert Hiking & Canyoneering. A [city parks rock climbing permit](#) is also required. Cost: \$175 for Pikes Peak Group members and leaders, \$200 for all others.

### **Pikes Peak Intro to Desert Hiking and Canyoneering**

Starts September 19

If you have only been hiking in the high altitude for your spring, summer, and fall, there is another world out there. When you have climbed enough peaks to wonder what other environments might be out there, the next step for you may be desert terrain. Come learn the proper gear, safety, and entry level techniques for basic desert hiking and basic canyoneering. There are many nuances to this environment that warrant a safe approach such as provided by this class. The classroom session is on 19 Sep from 6:00p to 9:30p. There is a one day field session in Colorado Springs to cover some basics and evaluate fitness levels scheduled for 23 Sep, then we go on a five day trip to the desert scheduled for 26 through 30 Sep. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on full day hikes with scrambling on moderate exposure in hot terrain, squeezing through narrows, hiking in loose sand, and wading through water is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field session is required to attend the Utah trip. Cost: \$100 for Pikes Peak Group members and leaders, \$125 for all others.

### **Pikes Peak Group Trip Leader Training**

Starts October 3

This classroom course provides Part 1 of the necessary training and satisfies some of the requirements of becoming a CMC trip leader (for the Pikes Peak Group). Currency in Wilderness First Aid and CPR/AED plus Part 2, which is practice trip leading, are the other requirements for becoming a trip leader. The classroom sessions are on 3 and 11 October from 6:00 to 9:00 pm. Please keep the morning of 13 October open for your first practice at leading a trip. Prerequisite: Must have taken BMS Wilderness Fundamentals and BMS Land Navigation or possess equivalent demonstratable knowledge/experience (and be a PPG member for at least one year for PPG trip leader candidates). Cost: \$25 for Pikes Peak Group members, free for leaders, \$30 for all others.

### **Wilderness First Aid (WFA) with CPR/AED in Colorado Springs**

Starts October 20

This two-day, eighteen-hour ECSI accredited course presents dynamic instruction devoted to teaching you how to respond to medical emergencies in remote settings where definitive medical care is not readily available. Day one consists of classroom presentations and hands-on training in a variety of medical situations that may be encountered in the backcountry and wilderness areas, including CPR. Day two continues with classroom presentations followed by realistic scenarios in the field that simulate the type of medical situations people face in wilderness settings, when calling 911 is not an option. This course satisfies a requirement for trip leaders. The sessions are on 20 October from 8:00 am to 4:00 pm and on 21 October from 8:00 am to 3:00 pm. A link to your comprehensive e-textbook will be emailed prior to class and a field guide will be distributed during the first session. You will receive your WFA with adult CPR/AED certification card emailed to you upon satisfactory course completion. Cost: \$90 for Pikes Peak Group members, \$80 for leaders, \$95 for all others.



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## Upcoming PPG Classes (continued)

### PPG ARCPro Introduction to Self-Rescue

Starts October 27

Ever wondered how you might react if your climbing partner were injured? What about if you were injured – would you be able to get down safely as a team? In the PPG ARCPro Intro to Self-Rescue Class, you will learn tips and techniques to deal with unexpected situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags, this course is for you! The Self-Rescue Class offered by Pikes Peak Group is a key element of our Advanced Rock Climbing Program. Students learn the skills to deal with many of the situations that can occur in a climbing scenario. This class does not deal with any of the medical components and implications of an injury-based rescue; that is far beyond the scope of the program. This class teaches participants the safety components and transitions that can assist a climbing team to extricate themselves from a number of situations. Prerequisites: Your climbing experience does not need to be extensive. In fact, we recommend that even rookie climbers begin their career with this knowledge. Participants should have basic rock climbing knowledge and skills, such as those gained by taking our BMS Rock Climbing class. We encourage all levels of climbers to register – to learn new skills and to brush up on rusty ones. Cost: \$95.

## August PPG Trips

### Putney Gulch Stewardship 2

Saturday, 8/4/2018

Moderate

Leader: Thomas Mowle, 719-216-3932, [tommowle@yahoo.com](mailto:tommowle@yahoo.com)

Trail Mileage 3, Elevation Gain 300. Location: Near the Crags trailhead, off Hwy 67 between Divide and Cripple Creek. Details: Trail work. Open to the public. Ages 16+; under 18 must be accompanied by parent/guardian. Bring your lunch. The Pikes Peak Group is collaborating with Friends of the Peak to work on the Ring the Peak Trail. This project will focus on maintenance and repair of drainage/erosion issues on the trail in Putney Gulch, which lies between the Crags and Horsethief Park. Once the project is full, we will not be able to accommodate any additional volunteers unless additional leaders/tools are recruited. This is for safety's sake—to retain a safe crew leader to volunteer ratio—and due to the number of tools available. Please cancel if needed to make room for others, and join the wait list if the trip is full.

### Elk Park to Barr Camp

Sunday, 8/19/2018

Moderate C

Leader: Paul Kozlowski, 719-684-9408, [paul.kozlowski@hotmail.com](mailto:paul.kozlowski@hotmail.com)

Trail Mileage 11, Elevation Gain 1800, Driving Distance 30. Details: This Pikes Peak Marathon hike starts at Elk Park Knoll off the Pikes Peak Highway. We'll hike down the scenic trail to Barr Camp, take a break and watch marathon runners on Barr Trail, return up same route. Lots of photo ops. High-altitude-hiking experience required for 10,000-12,000' elevation. Pikes Peak Highway fee is \$15/person. Register with leader.



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## Pikes Pique

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*Pikes Pique* is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

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[cmc.org/About/CMCGroups](http://cmc.org/About/CMCGroups)

### CLASSIFIED ADVERTISING

Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.