



Rocky Mountain Over The Hill Gang

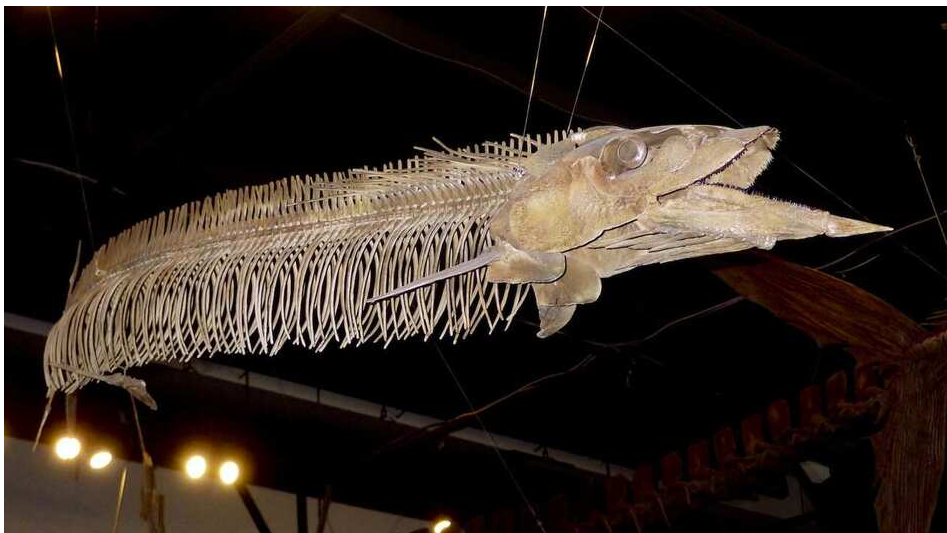
Hill Topics



THE RMOTHG AUGUST 2026 Newsletter
August and September are going to be very
busy months! Don't miss out!

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- Board candidates for the '26-'27 Board.
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- August Bike Rides
- Other: How to Find the RMOTHG Calendar of Trips & Events and how to be notified immediately (or the day of) when a new hike is posted.
- How to order a RMOTHG free name tag



RMOTHG Annual Meeting Sunday, September 20

The Annual Meeting this year returns to Fossil Trace Golf Club on Sunday, September 20 from 10-1. Get together with your RMOTHG friends for a delicious brunch, an amazing view and to learn something new. Our speaker this year, Sadie Sherman, a paleontologist from the Denver Museum of Nature and Science loves to hike in the Colorado mountains as much as we do. But when she goes exploring, she is searching for signs of creatures that lived in the ancient waters which once covered this area, including prehistoric fish and crocodiles. Learn what she and others have discovered in Colorado.

TO REGISTER FOR THE ANNUAL MEETING [CLICK HERE](#)

RMOTHG BOARD ELECTIONS

We are still recruiting board member candidates for 2026-2027. Candidate profiles and ballots will go out in a separate email approximately August 12 with the link to vote. If you have an interest in serving on the board or have any questions, please contact Teresa Brandon (teresa.brandon@comcast.net) or Linda Dermeyer (dermyerl@gmail.com).

Amazon Warehouse Tour August 19, 10 am to Noon

RMOTHG has a scheduled a tour of the Amazon fulfillment center in Northolenn at 10:00 AM. Amazon Tours provide a broad

overview of fulfillment center operations for general audiences. The walking tour will take the group through the operations process of what happens after a customer makes a purchase on Amazon.com. Each tour is approximately 90 minutes long. On the tour, you will walk approximately 1 mile and climb up and down multiple flights of stairs.

For all the details and [to register click here:](#)



Near End of Summer Happy Hour

Date: August 17th, Monday from 4 —7 PM

Place: BJ's Restaurant & Brewhouse

14245 West Colfax Ave.

Lakewood, Co. 80401

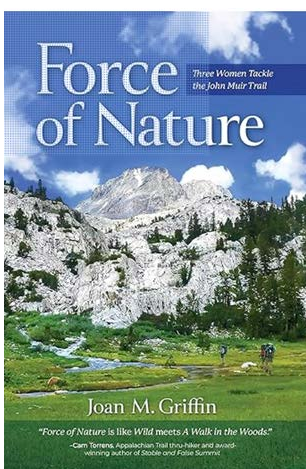
Come join us at the Near End of Summer Happy Hour! Enjoy Happy Hour prices for some food and drinks. Please register online so I can get a head count. You are responsible for your own food and bar tab. We can get separate checks. If it's cooler weather we can sit outside on their porch but if it's raining (haha) or too hot, then inside at the reserved bar tables. I made the reservation for up to 25 people, under Over the Hill Gang. Any Questions, call Diana Bliss 303-424-7841.

[To register click here](#)

August Book Club

When: Mon, August 24, 2026 from 01:30 PM to 03:00 PM

[Subscribe](#) to our email list.



Our August book is *"Force of Nature: Three Women Tackle the John Muir Trail"* by Joan M. Griffin. Three friends, women in their fifties, set out to hike "the most beautiful long-distance trail in the world," the John Muir Trail. From the outset, their adventure is complicated by self-inflicted accidents and ferocious weather, then enriched when they "adopt" a young hiker abandoned by her partner along the trail.

[Register here](#)



August Biking News

Greetings fellow cyclists!

The August biking itinerary is here for your review. All fun rides, signup on the website to join us.

Friday, August 7 - River Point to Kipling to Dutch Creek Loop

Friday, August 14 - Hare ride Frisco to Breckenridge and return: Terrapin Ride Frisco to Dillon and return.

Friday, August 21 - Cherry Creek

Reservoir loop to Challenger Park

Friday, August 28 - Farmers Highline Canal, Big Dry Creek, Signal Ditch, Lee Ltrl Ditch

See you on the trail!

Carol Wier, coordinator for Biking

Picture above: Flat tires do happen! Dennis and Wayne changing a flat tire. Ida and Carol looking on.

**Are you frustrated because you can't find the RMOTHG
Calendar of Trips & Events? Or because trips fill up**

To start, we need to define the words "trip" and "event". These are handled differently by the CMC website.

- A "trip" is an outdoor activity such as hiking, biking, climbing, snow-shoeing, cross-country skiing, etc.
- An "event" is a meeting, social activity, happy hour, party, book club meeting, etc.

If you want to be notified by email as soon as a **trip** is added follow these steps:

- Log into CMC.
- Click on your profile picture.
- Select "MyProfile".
- Scroll down and click "Edit Profile."
- Scroll (keep scrolling!) down again to "Alerts and Notifications Preferences".
- Click how often you want to receive alerts. It is recommended you select either "as soon as they are added" or "in a daily digest" if you want to keep on top of hikes.
- Select the types of activities you want to be notified about.
- Select which groups you want to get alerts from.
- Click "Save"

However **Events** do NOT trigger an email. Therefore staying current with events happening within the RMOTHG, either read the newsletters (!) or consult the Online RMOTHG Calendar. To reach the calendar follow these steps:

- Log into your CMC account:
- Click on the three lines in the upper right, menu
- Open the Community drop down (click the + sign)
- Select Special Interest Sections
- Scroll down the list until you come to the Rocky Mountain Over the Hill Gang
- Click on the teal bar

Once on the Rocky Mountain Over the Hill Gang page:

- Click here for the calendar of trips and events
- Click on the event you are interested in for full details including a link to register for the event or trip.

-Finally, BOOKMARK the calendar so that you can easily find it in the future.



RMOTHG is on Facebook - with almost 200 followers.

If you miss seeing pictures of our hikes, this is the place to go. Just enter "Rocky Mountain Over the Hill Gang" in the search box and then ask to be admitted to our group.



Free name badges for RMOTHG members

We are pleased to offer free RMOTHG Name Badge sets graced with your name & the updated CMC logo. The set includes a double-sided badge, a waterproof holder, a lanyard, and a mini carabiner. [Click here to order name badge set](#)

RMOTHG Board Members 2025-2026	
Co-Chairs	LeAnn Donovan & Linda Dermeyer
Vice Chair	Teresa Brandon
Secretary	Andrew MacGregor
Treasurer	LeAnn Donovan
Membership Chair	Elaine Shirley
Communication Chair	Colleen Miller
Social Chair	Ginny Gelbach
At large	Jerry Clayton
At large	Diana Bliss
Denver Group Liaison	Kathy Crawford
RMOTHG Activity Coordinators 2025-2026	
Summer Hiking	Tim Lane & Jeff Flax
Winter/Showshoe Hiking	Jeanne Eiss & Jeff Flax
Biking	Carol Wier
Cross Country Skiing	Andrew MacGregor

office@cmc.org

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