

COLORADO MOUNTAIN CLUB

Mile High Mountaineer

March 2025

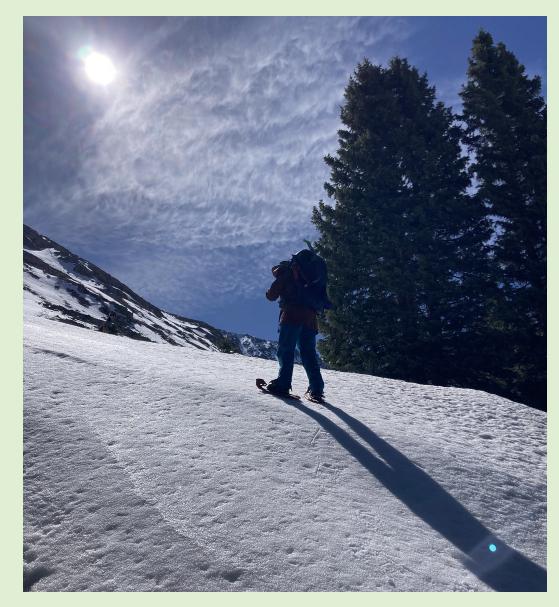
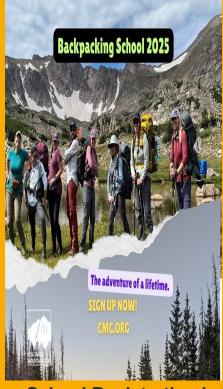


Photo © Keith Stinebaugh

March is Women's History Month!

Women's History Month recognizes the contributions of women to events in history and contemporary society. Linda Lawson submitted a brief description of some of "The Magnificent Mountain Women" taken from a book by CMC member Janet Robertson entitled *The Magnificent Mountain Women: Adventures in the Colorado Rockies*. Click <u>HERE</u> to read this





Backpacking School Registration is Now Open!

Every year, the Denver Group's Basic Backpacking Course introduces scores of hikers to the art and science of backpacking in the Rockies. Registration is now open for the 2025 session. Read more about the school by cllicking <u>here</u> or click <u>here</u> to sign up.





Photo courtesy of CMC

Regiser Now for Alpine Scrambling Course

Interested in hiking third and fourth class terrain? Need to improve your skills for approaches to climbs? Consider signing up for the Alpine Scrambling Course by clicking <u>here</u>.



Toasting a succesful grad hike! Photo courtesy of WTS

Wilderness Trekking School for 2025

WTS information for 2025 has been released. This is an excellent learning opportunity for both new and experienced hikers and is a prerequisite for many other courses.Please click <u>HERE</u> to see details.

Denver Group Leadership Scholarship 2025 CHANGES

The Denver Group Leadership Scholarship is a program established in appreciation of our leadership volunteers who share their time, expertise, and passion with our members. The program provides financial benefit to support qualifying leader's efforts in furthering their education and skill development.

For full information on Denver Group Leadership schorlarships and the on-line application, go to Denver Group Leadership Scholarship page on CMC.org by clicking this <u>link</u>.

Please remember that Wilderness First Aid, AIARE, and ATA are CMC State run schools and are NOT funded under the Denver Group Leadership Scholarship program.



Avalanche Terrain Avoidance Course

Recap 2024-2025

The 2024-2025 ATA classroom season is over, there is one field day remaining. A recap of the season is available <u>HERE</u>.

ATA May be Over for the Season,

but Avalanches are not!

We are transitioning into a differnt part of the avalanche season. For some thoughts on this, click <u>HERE</u> to see notes from the AIARE Observer newsletter. The photo at the right (from the newsletter, by Alison Mehravan) illustrates one of the classic signs of a warming spowpack "rollerballs"



the classic signs of a warming snowpack, "rollerballs" or "pinwheels".

Do you need to brush up on your avalanche companion rescue skills? Click <u>HERE</u> for a list of some confirmed places where you can practice search and probe techniques

PSAR Corner

The Backcountry Incident Management School sponsored an evening with the Alpine Rescue Team/JeffComm911 on 19 Dec 2024 at the Alpine Rescue Teams's facility in Evergreen, CO. The purpose of the session was to hear what the people on the "other end" of a 911 call or an inReach message need from us, and what we can do to prevent having to call for search and rescue in the first place. Information from this session is in three parts, the first part (focused on 911 calls) was in the January 2025 edition of the Mile High Mountaineer. The second, focused on communications beyond 911 was published in the February 2025 edition. The third and final part, focused on considerations from the Alpine Rescue Team's Preventative Search and Rescue (PSAR) Coordinator on topics such as why the ten essentials are important, is available <u>HERE</u>.

You may notice that an emergency shelter called a bothy bag is referenced in this presentation. What exactly is a bothy bag and how is it used? For a description of this piece of survival gear, click <u>HERE</u>.

How To Avoid Or Assi

with emphasis on

- 10 Essentials for every group interes, gloves, hat
- Extra water and food beyond plained to the second plained to
- Shelter (Bourly Dag our)
- Winter • Transceiver/shovel/probe (and know how to use) • Transceiver/shovel/probe (and know how to use)
- Wear clothing with RECCO reflectors
- Turn around times / Group agreements. Live by them Each group should carry at least one 2-way satellite communication device (make sure device is registered and the sure device of the or friend. Stick to

plan

FRS Radio? Channel 3. Notify Dispatch and SAR

The Denver Group Council is looking for a few good members!

Give back to the club and volunteer to help manage and influence policies, events/activities, and new directions for our group. If interested, email the Co-chairs at <u>cmcdgcc@gmail.com</u>.



Image courtesy of cmc.org

Upcoming Trips, Courses, and Events

Check out the CMC Calendar to find your next outdoor fun!

Schools and Course offerings

Become a Trip Leader!

Stay active, explore more places, and make new friends.

Denver Group Contacts

COUNCIL	
Denver Group Council	
Meets Monthly, 2nd Tuesday (usually)	
COMMITTEES	
Leadership Committee	
Schools Committee	
Conservation & Trails Committee	
Member Initiatives Committee	
SECTIONS	
Ascending Hikes	
Backpacking	
Bobcats	
<u>Fly Fishing</u>	
Over the Hill Gang (RMOTHG)	
Photography	

Call for Submissions

Have an item you'd like included in a future Mile High Mountaineer newsletter?

The next deadline is the first Sunday of the month. Guidelines:

- Articles should be 200 words or less, OR submitted as a PDF
- MHM editor reserves the right to determine what's included in the newsletter and edit submissions for clarity and length
- · Photo submissions are welcome, but please include a photo credit and caption
- Submissions must be relevant to the Denver Group of the CMC and/or its members; paid advertisements are not accepted.

Please send submissions to: <u>cmcdgnewsletter@gmail.com</u>.

Questions, comments, or submissions? E-mail <u>cmcdgnewsletter@gmail.com</u>.

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