

Top Rope (including Ice) Trip Leader LIT Feedback Card

TTL Evaluator, as name appears in CMC database:

Leader in Training (LIT) as name appears in CMC database:

Name of trip as it appears on the CMC calendar:

Date of trip:

Area/Route:

Note: scenarios listed at the bottom of this form should be discussed at appropriate points on the technical portion of the trip. Please use the Evaluator Comments section to provide an overall assessment, as well as identify an area for continued practice and mastery.

Note: Approval to lead top rope ice trips satisfies the requirements for leading top rope rock trips, but approval to lead top rope rock trips DOES NOT satisfy the requirements for leading top rope ice trips.

Proficiency ratings: 3: Demonstrated proficiency; 2: Had some issues or needs practice; 1: Not proficient; N/A: Not demonstrated and not needed

Skill Category	Skill	Proficiency	Comments
Trip Planning	<ul style="list-style-type: none">• Trip objective and area / route selection (suitability for top roping and ability of trip participants)• Trip information/detail:<ul style="list-style-type: none">◦ type of trip◦ climbing location◦ description of route(s) and difficulty◦ Mountain Project and/or other links◦ climbing qualifications and prerequisites for trip participants◦ gear needed (10 essentials, WAG bags/LNT gear, harness, helmet, rope, etc., as appropriate)◦ weather contingency◦ transportation plans• Trip information/detail sent to Instructor Leader prior to trip for review and approval.• Additional Trip info provided to Instructor Leader prior to trip:<ul style="list-style-type: none">◦ suggested safety rules at the crag◦ climbing zones and no climbing zones◦ edge of cliff rules◦ climbing commands◦ belay checks for new and unfamiliar climbers◦ restroom zones (for privacy and LNT)◦ plan for anchor setups and cleaning◦ emergency response info (to be carried by LIT candidate and Instructor Leader)		

	<ul style="list-style-type: none"> ○ emergency response info and protocol: CMC contact info, 911, County Sheriff's number, nearest medical facility ● Communication: Trip information approved and added to CMC calendar with all the detail. ● Pre-trip email or call to trip participants, including meeting time and location, carpool coordination, verified contact info (cell phone), verified emergency contact info, request for pertinent medical conditions, weather forecast, reminders regarding gear – including clothing, food, sunscreen, etc. ● Risk management: compile list of contact and emergency contact info (including contact info for emergency response) 		
Trip Execution	<p>Trip pre-brief with participants (as briefly as possible):</p> <ul style="list-style-type: none"> ● Summarize trip plan, including target end time ● Determine medical concerns, location of emergency meds, respecting privacy of trip participants ● Confirm trip participants all have necessary safety gear ● Re-emphasize LNT principles ● Risk management: as a group, determine the three most concerning risks and associated mitigation plans. ● Review incident management ● Confirm that all essential group gear is available (including first aid kit) and is apportioned appropriately ● Consider use of radios ● Strongly recommended: ensure that at least one person has a satellite-based communication device (e.g. InReach) and is knowledgeable about its use 		
	<p>During the approach:</p> <ul style="list-style-type: none"> ● Ensure group stays together reasonably well. This may require assigning a responsible person to stay with slower hikers while the main group secures a climbing area. ● Demonstrate competent route finding ● Monitor weather 		
	<p>Upon reaching the climbing area:</p> <ul style="list-style-type: none"> ● Put helmets on upon reaching the crag. ● Take charge of organizing the base area to keep the area neat and safe. ● Designate areas for packs and gear, putting on gear, active climbing/belaying area, bathroom areas, etc. ● Point out possible hazard areas and establish safety guidelines. ● Instruct participants to prepare for the climb while the leader configures the top ropes (e.g. bathroom break, put on harness, have food and water, don't wander off, stay back from cliff); recruit help carrying ropes, if needed. ● If other groups are present or arrive later, be considerate. 		

	<p>Establishing top ropes:</p> <ul style="list-style-type: none"> ● Implement appropriate safety protocols when approaching the cliff edge ● Treat natural features with respect (avoid trees, if possible) ● Build SERENE / EARNEST anchor(s) appropriate for top-roping <ul style="list-style-type: none"> ○ Build an anchor off rocks ○ Build an anchor off trees (be respectful) ○ Build an anchor using anchor bolts, if available ○ Build an anchor using ice, if appropriate ● Demonstrate proper placement of gear, use of static ropes to build master point, master point location over edge, etc. 		
	<p>Demonstrate proper climbing skills, including:</p> <ul style="list-style-type: none"> ● Communication protocols ● Belaying ● Movement and technique ● Rope management (flaking rope, coiling rope afterwards) 		
	<p>During the climbing, demonstrate awareness of:</p> <ul style="list-style-type: none"> ● Proper site management, including whereabouts of participants, proximity to cliff edges, etc. ● Monitor proper belay technique of participants ● Monitor weather conditions ● Ensure participants are hydrating, eating, and staying cool or warm, as appropriate. 		
	<p>During the return:</p> <ul style="list-style-type: none"> ● Stop climbing, when appropriate ● Remove top rope anchors ● Police the area and clean up any trash that may have been left. ● Account for all group gear ● Ensure group stays together reasonably well 		
	<p>Trip debrief with participants:</p> <ul style="list-style-type: none"> ● What were the actual risks that occurred? Compare to those identified prior to the trip. ● Were the actual risks mitigated appropriately? ● Lessons learned ● Return all gear, as appropriate 		
	<p>Scenarios</p> <ul style="list-style-type: none"> ● What if one of your participants were to freeze mid pitch and could not proceed, but would not sit back on the rope to be lowered? ● You are on North Table Mountain in Golden, and witness a lightning strike on Lookout Mountain. What do you do? ● What if a member of the party becomes ill and needs to leave? What do you do? 		

TTL Evaluator recommends:

(updated Aug 2021)

- **LIT certification/approval in the TTL Top Rope discipline**
or
- Additional LIT required which focuses on: (add comments)

TTL Evaluator comments and LIT lessons learned:

- Ask the LIT to identify at least one area for improvement/growth on future trips, based on this climb/trip.