



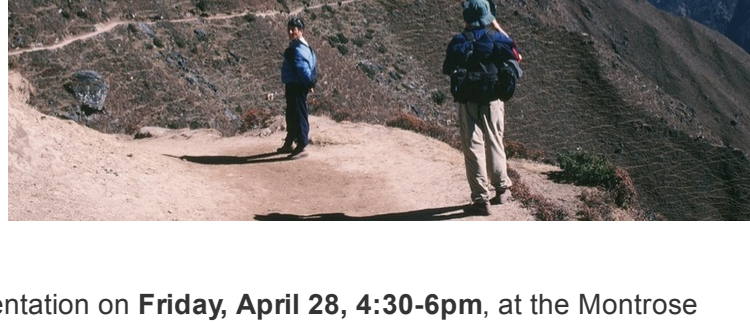
Canyon to Crest Call Western Slope Group April 2023



Brenda Leach's CMC trip to Black Canyon National Park on a snowy day. Photo by Bill Reade. [See below on how to submit your favorite photo for the newsletter!](#)

WSG Slide Show: Trekking in Nepal

John Broadbooks, the CMC WSG Treasurer, will share his experiences of a three week trekking adventure to the Khumbu (Everest) region of Nepal - both the gorgeous mountains and the culture he encountered.

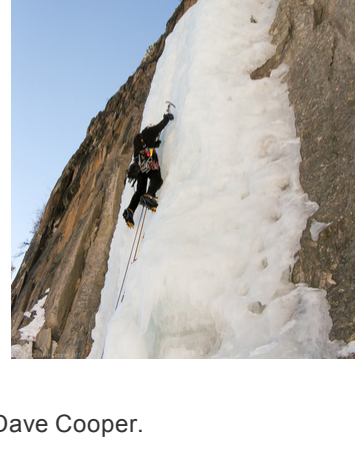


Join us for John's slide show presentation on **Friday, April 28, 4:30-6pm**, at the Montrose Library meeting room (enter the library and make an immediate left at the foyer statue). This event is free and open to the interested public and our CMC members. Doors open at 4:30pm. The presentation starts at 5pm. Bring a snack to share and a non-alcoholic drink. Meet other CMC members and find out more about what the WSG is doing! We will need to vacate the library room no later than 6pm as that's when the library closes. [Please sign up here.](#)

Durango Area CMC Members Update

[Monday, June 26, 5-6:30pm evening potluck picnic](#), Haviland Lake picnic area, join us! Meet WSG leadership and other members and potential members.

We're looking for volunteers to help plan activities (for which one does not have to be a leader) and we're also looking for trip leaders. Trip leader school is free and online! We will be updating happenings in this newsletter monthly. Contact us at WSGofCMC@gmail.com for more info or to get involved!



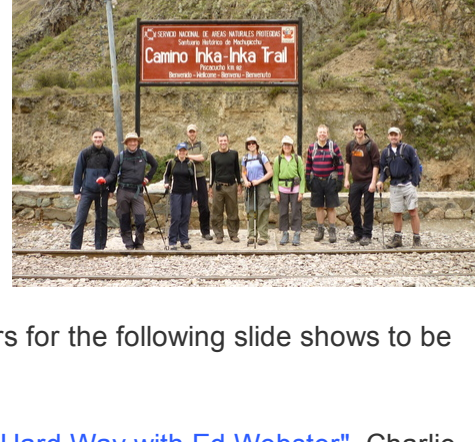
CMC Western Slope Group 2023 Annual Dinner: Save the Date!

We are excited to announce that 40+ year Lifetime member, senior CMC schools instructor, author and 2013 Albert R. Ellingwood award recipient Charlie Winger will be our speaker this year at the Ute Indian Museum, Montrose on **Saturday, October 14, 4:30-7:30pm**. If you'd like to help, send an email to WSGofCMC@gmail.com. Registration opens soon!

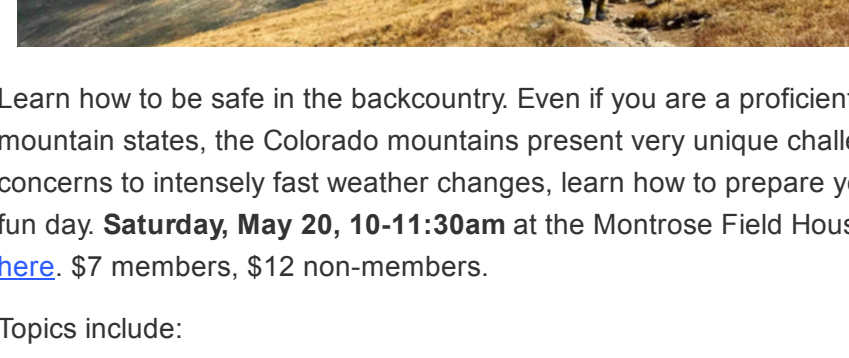
Charlie leading the 1st pitch on Ames Ice Hose, WI 5, near Telluride. Photo by Dave Cooper.

Upcoming WSG Slide Shows

The WSG is hosting a series of slide shows featuring our members who like to travel and have been to interesting countries and adventurous places in the US. We also have some members who have a special expertise and knowledge due to their work experience. If you're interested in sharing with others, we'd love to hear from you. Please contact us at WSGofCMC@gmail.com and we'll get a presentation set up for you! Mark your calendars for the following slide shows to be held in the Montrose library. Stay tuned for more info.



- Monday, May 22, 5:15-6:45pm, [Video: "Everest the Hard Way with Ed Webster"](#), Charlie Winger.
- Tuesday, June 6, 5:15-6:45pm, ["Rock Climbing and Traveling in Southern Spain"](#), Brenda Leach.
- TBD July, Patagonia. Anne Keil.
- TBD August, 5:15-6:45pm, "Joshua Tree Rock Climbing Over the Years", Charlie Winger.



Hiking Safety Course in Montrose!

Learn how to be safe in the backcountry. Even if you are a proficient mountaineer from other mountain states, the Colorado mountains present very unique challenges. From high altitude concerns to intensely fast weather changes, learn how to prepare yourself and your group for a fun day. **Saturday, May 20, 10-11:30am** at the Montrose Field House Summit Room. [Register here.](#) \$7 members, \$12 non-members.

Topics include:

- Safety concerns: mountain weather, lightning, avalanche, animal encounters, getting lost (or staying found), cold weather gear, staying warm, hypothermia, and being stranded overnight.
- Tools: how to prepare, what you need in your pack, how to respond to safety challenges, trip planning, 10 Essentials to carry in your pack.
- Basic Navigation: how to stay found.
- Clothing: layering, materials, rain gear, sun protection, trail nutrition and hydration.
- Trail Sense: registers, noting location, reading trail markers, trail etiquette, and obtaining Search and Rescue support.

Wilderness First Aid, Saturday & Sunday, July 29 & 30

The CMC will hold a WFA class on the Western Slope! WFA is a 16-hour course that covers environmental, medical, and traumatic injuries with a focus on inclusive care and rescue, patient and bystander mental health. This is a 2-day in-person course, 8 hours each day on Saturday, July 29, and Sunday, July 30. Both days will be held at **In Motion Therapy in Montrose** at 611 E Star Ct #B. Trip leaders are required to renew WFA every 2 years and scholarships/fee waiver are available. A minimum of 10 students is required to run the course. [Register here.](#)



New Website Tutorials

- [10.4.22 CMC website tutorial- 11 minutes.](#) The first 6 minutes is for all members and shows how to navigate to our group's happenings. The remainder of the video is a navigation tutorial for our trip leaders.

WSG Facebook Group

We have a private Facebook group called "CMC Western Slope Group". This group is available to post photos, announce last minute trips, trip reminders or activities. If you're interested, send a request in Facebook to join the group.

ALL CMC OUTINGS : [The CMC Trips List & Map](#)

Guests must now create an account and sign a waiver before signing up for trips and may attend up to 2 trips. If a trip is full, please sign up on the waitlist as there are participants that may cancel.

TRIPS: NEW WEBSITE! Now all of our activities are in one place at [Western Slope Group Calendar](#)

Monday 4/10. [CO Natl Monument: Ute Canyon Top to Bottom, Car Shuttle](#). Moderate. Anne Keil.

Saturday 4/22. [Dominguez Canyon Trail](#). Moderate. John Broadbooks.

Sunday 4/23. [Mount Garfield](#). Difficult. Victor Ketellapper.

[5/19-30. Croatia](#). Adventure travel, fee.

Tuesday 6/6. [Hiking - Thomas Lakes](#). Moderate. Roaring Fork Group.

7/6-9. [Avalanche Lake Backpacking](#). Difficult. John Broadbooks/BPX.

7/14-16. [Marble Car Camping & Hiking](#). BPX.

8/5-8. [Conejos River/CDT Backpack](#). John Broadbooks/BPX.

[In-State-Outing \(ISO\) Week 1, Vallecito Lake](#). Aug 13-18. State CMC.

[ISO Week 2, Vallecito Lake](#). Aug 20-26. State CMC with WSG leaders.

9/5-10. [Mountaineering - Weminuche Wilderness](#). Pikes Peak Group.

9/5-8. [Dinosaur NM Car Camping & Hiking](#). BPX

9/5-9. [Cirque of the Towers Backpack](#). John Broadbooks/BPX.

9/21-25. [Backpacking - Virgin Springs from Fuller Bottom, UT](#). Gore Range Group.

SAVE THE DATE! 10/6 Long weekend annual WSG camping/hiking trip, location UT TBD.

12/3-16. [Patagonia](#). Adventure travel, fee.

****All members and guests must sign a new liability waiver with the new website**

COVID policy for trips: [updated Dec 9, 2022](#)

PRESENTATIONS/COURSES

Friday 4/28. [Trekking in Nepal](#). 4:30-6pm. Montrose Library Meeting Room. John Broadbooks.

Saturday 5/20. [Intro to Hiking Safety Course](#). Art Hogling. 10-11:30am, Montrose Field House Summit Room. \$7 members, \$12 non-CMC members.

Monday 5/22. [Everest the Hard Way, Ed Webster Video](#). Montrose Library Meeting Room. 5:15-6:45pm.

Tuesday 6/6. [Rock Climbing and Traveling in Southern Spain](#). Montrose Library Meeting Room. 5:15-6:45pm.

Monday 6/26. [Durango and Beyond CMC members Potluck Picnic](#). Haviland Lake. 5-6:30pm.

Weekend 7/29 & 30. [Wilderness First Aid](#). In Motion Therapy in Montrose. Fee or free/scholarship for leaders. See above.

Saturday 10/14. Save the date! WSG Annual Dinner at the Ute Museum, Montrose, 4:30-7:30pm.

CMC Schools & Classes Webpage: ****For some classes and schools that are offered on the full CMC calendar (typically on the front range or via ZOOM), we can arrange field days on this side of the state but need a minimum number of participants between the various CMC groups. Please let us know if something interests you.**

[ATA-Avalanche Terrain Avoidance](#), a hybrid 3-4 hour online then half day field day course on snow.

[AIARE \(Avalanche Research and Education\)](#) 2023 sessions are offered through the Denver Group, registration is open to any member statewide. This is offered locally by San Juan Mountain Guides, mtnguide.net.

Trip Leader Training: We are seeking trip leaders! The free training consists of self paced online modules and one training hike plus Wilderness First Aid. Leader training is also available to current leaders as a refresher. If you are interested, please contact WSGofCMC@gmail.com or cmc.org.

Seeking Monthly Newsletter Content

We'd like your help! If you have requests for newsletter content or would like to contribute, let us know! The deadline to submit information, articles or photos is the **25th of each month** for the following month's newsletter. Email the WSG newsletter editor, Brenda Leach, at WSGNewsEditor@gmail.com. Here are our [past newsletters](#).

Western Slope Group Council

Chair & Outings Chair: Anne Keil (Montrose)

Vice Chair & Newsletter Editor: Brenda Leach (Ridgway)

Treasurer: John Broadbooks (Montrose)

Secretary: Jill Mattoon (Ouray)

Conservation Chair: Open. See the [Conservation Chair volunteer description](#) for more info. If you're interested, please contact us at WSGofCMC@gmail.com.

We're on the CMC website at [Western Slope Group, CMC Groups - Colorado Mountain Club](#). The 2023 WSG Council meetings will be held 5/15, 7/17, 9/12 and 11/6. Zoom availability, time and location will be determined closer to the meeting dates. WSG members are welcome to attend.

CMC connects Coloradans with more than 3,000 trips, hikes and activities annually. Members also receive huge deals on outdoor gear, lodging, events and more.

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