

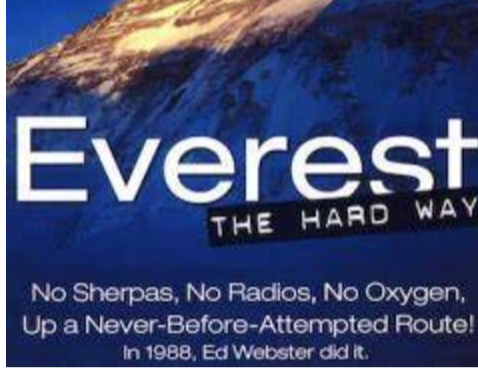
Canyon to Crest Call Western Slope Group May 2023



Anne's CMC hike to CO National Monument/Fruita Dugway. [See below on how to submit your favorite photo for the newsletter!](#)

Video: Everest the Hard Way with Ed Webster

Ed Webster (1956-2022) was "one of American climbing's great seekers. He completed first ascents of now-classic climbs on rock and ice, from single-pitch climbs to big walls and high peaks and published inspiring writings." -The Alpinist.



WSG member, Charlie Winger, is hosting this video on **Monday, May 22, 5:15-6:45pm**, at the Montrose Library meeting room (enter the library and make an immediate left at the foyer statue). This event is free and open to the interested public and our CMC members. Video starts promptly at 5:15pm and we need to vacate the building before 7pm when the library closes. [Please sign up here.](#)

Durango Area CMC Members Update

[Monday, June 26, 5-6:30pm evening potluck picnic](#), Haviland Lake picnic area, join us! Meet WSG leadership and other members and potential members.

We're looking for Durango area volunteers to help plan activities (for which one does not have to be a leader) and we're also looking for trip leaders. Trip leader school is free and online! We will be updating happenings in this newsletter monthly. Contact us at WSGofCMC@gmail.com for more info or to get involved!



CMC Western Slope Group 2023 Annual Dinner: Save the Date!

We are excited to announce that 40+ year Lifetime member, senior CMC schools instructor, author and 2013 Albert R. Ellingwood award recipient Charlie Winger will be our

speaker this year at the Ute Indian Museum, Montrose on **Saturday, October 14, 4:30-7:30pm**. If you'd like to help, send an email to WSGofCMC@gmail.com. Registration opens soon!

Charlie leading the Illimani Traverse in Bolivia.

Upcoming WSG Slide Shows

The WSG is hosting a series of slide shows featuring our members who like to travel and have been to interesting countries and adventurous places. We also have some members who have a special expertise and knowledge due to their work experience. If you're interested in sharing with others, we'd love to hear from you. Please contact us at WSGofCMC@gmail.com and we'll get a presentation set up for you! Mark your calendars for the following slide shows.



- Tuesday, June 6, 5:15-6:45pm, "[Rock Climbing and Traveling in Southern Spain](#)", Montrose Library meeting room. Brenda Leach.
- Wednesday July 26, 6-7pm, "[Patagonia to El Fin Del Mundo](#)", Montrose Flex Rec meeting room. Anne Keil.
- Monday August 7 6:30-7:30pm, "[>30 years of Joshua Tree Rock Climbing](#)", Montrose Flex Rec meeting room. Diane & Charlie Winger.



Hiking Safety Course in Montrose!

Learn how to be safe in the backcountry. Even if you are a proficient mountaineer from other mountain states, the Colorado mountains present very unique challenges. From high altitude concerns to intensely fast weather changes, learn how to prepare yourself and your group for a fun day. **Saturday, May 20, 10-11:30am** at the Montrose Field House Summit Room. [Register here.](#) \$7 members, \$12 non-members.

Topics include:

- Safety concerns: mountain weather, lightning, avalanche, animal encounters, getting lost (or staying found), cold weather gear, staying warm, hypothermia, and being stranded overnight.
- Tools: how to prepare, what you need in your pack, how to respond to safety challenges, trip planning, 10 Essentials to carry in your pack.
- Basic Navigation: how to stay found.
- Clothing: layering, materials, rain gear, sun protection, trail nutrition and hydration.
- Trail Sense: registers, noting location, reading trail markers, trail etiquette, and obtaining Search and Rescue support.

Wilderness First Aid Saturday & Sunday, July 29 & 30



The CMC will hold a WFA class on the Western Slope! WFA is a 16-hour course that covers environmental, medical, and traumatic injuries with a focus on inclusive care and rescue, patient and bystander mental health. This is a 2-day in-person course, 8 hours each day on Saturday, July 29, and Sunday, July 30. Both days will be held at **In Motion Therapy in Montrose** at 611 E Star Ct #B. Trip leaders are required to renew WFA every 2 years and scholarships/fee waiver are available. A minimum of 10 students is required to run the course. [Register here.](#)

New Website Tutorials

- [10.4.22 CMC website tutorial- 11 minutes.](#) The first 6 minutes is for all members and shows how to navigate to our group's happenings. The remainder of the video is a navigation tutorial for our trip leaders.

WSG Facebook Group

We have a private Facebook group called "CMC Western Slope Group". This group is available to post photos, announce last minute trips, trip reminders or activities. If you're interested, send a request in Facebook to join the group.

ALL CMC OUTINGS : [The CMC Trips List & Map](#)

Guests must now create an account and sign a waiver before signing up for trips and may attend up to 2 trips. If a trip is full, please sign up on the waitlist as there are participants that may cancel.

TRIPS: NEW WEBSITE! Now all of our activities are in one place at [Western Slope Group Calendar](#)

- Friday 5/5. [Cinco de Mack-yo Hike](#). Moderate. Anne Keil.
- Friday 5/12. [Rock Climb - Indian Creek - Utah](#). CMC State.
- [5/19-30. Croatia](#). Adventure travel, fee.
- Thursday 5/25. [Hiking - Black Ridge Trail, CO National Monument](#). Moderate. Brenda Leach
- Tuesday 6/6. [Hiking - Thomas Lakes](#). Moderate. Roaring Fork Group.
- 7/6-9. [Avalanche Lake Backpacking](#). Difficult. John Broadbooks/BPX.
- 7/14-16. [Marble Car Camping & Hiking](#). BPX.
- 8/5-8. [Conejos River/CDT Backpack](#). John Broadbooks/BPX.
- [In-State-Outing \(ISO\) Week 1, Vallecito Lake](#), Aug 13-18. State CMC.
- [ISO Week 2, Vallecito Lake](#), Aug 20-26. State CMC with WSG leaders.
- 9/5-10. [Mountaineering - Weminuche Wilderness](#). Pikes Peak Group.
- 9/5-8. [Dinosaur NM Car Camping & Hiking](#). BPX
- 9/5-9. [Cirque of the Towers Backpack](#). John Broadbooks/BPX.
- 9/21-25. [Backpacking - Virgin Springs from Fuller Bottom, UT](#). Gore Range Group.
- Thursday 9/28. [Hiking - Colorado National Monument - Ute Trail](#). Moderate. Anne Keil.

SAVE THE DATE! 10/6 Long weekend annual WSG camping/hiking trip, location UT TBD.

11/3-16. [Sacred Hidden Himalya Valley - Nepal](#). Adventure travel, fee.

12/3-16. [Patagonia](#). Adventure travel, fee.

**All members and guests must sign a new liability waiver with the new website

[COVID policy for trips: updated Dec 9, 2022](#)

PRESENTATIONS/COURSES

- Saturday 5/20. [Intro to Hiking Safety Course](#). Art Hogling. 10-11:30am, Montrose Field House Summit Room. \$7 members, \$12 non-CMC members.
- Monday 5/22. [Everest the Hard Way, Ed Webster Video](#), Montrose Library Meeting Room. 5:15-6:45pm.
- Tuesday 6/6. [Rock Climbing and Traveling in Southern Spain](#). Montrose Library Meeting Room. 5:15-6:45pm.
- Monday 6/26. [Durango and Beyond CMC Members Potluck Picnic](#), Haviland Lake. 5-6:30pm.
- Wednesday 7/26. [Patagonia Presentation](#). Montrose Flex Rec meeting room. 6-7pm.
- Weekend 7/29 & 30. [Wilderness First Aid](#). In Motion Therapy in Montrose. Fee or free/scholarship for leaders. See above.
- Monday 8/7. [Rock Climbing in Joshua Tree](#). Montrose Flex Rec meeting room. 6:30-7:30pm
- Saturday 10/14. Save the date! WSG Annual Dinner at the Ute Museum, Montrose, 4:30-7:30pm.

[CMC Schools & Classes Webpage](#): **For some classes and schools that are offered on the full CMC calendar (typically on the front range or via ZOOM), we can arrange field days on this side of the state but need a minimum number of participants between the various CMC groups. Please let us know if something interests you.

[Trip Leader Training](#): **We are seeking trip leaders!** The free training consists of self paced online modules and one training hike plus Wilderness First Aid. Leader training is also available to current leaders as a refresher.

Seeking Monthly Newsletter Content

We'd like your help! If you have requests for newsletter content or would like to contribute, let us know! The deadline to submit information, articles or photos is the **25th of each month** for the following month's newsletter. Email the WSG newsletter editor, Brenda Leach, at WSGNewsEditor@gmail.com. Here are our [past newsletters](#).

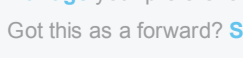
Western Slope Group Council

- Chair & Outings Chair: Anne Keil (Montrose)
 - Vice Chair & Newsletter Editor: Brenda Leach (Ridgway)
 - Treasurer: John Broadbooks (Montrose)
 - Secretary: Jill Mattoon (Ouray)
 - Conservation Chair: Open. See the [Conservation Chair volunteer description](#) for more info. If you're interested, please contact us at WSGofCMC@gmail.com.
- We're on the CMC website at [Western Slope Group, CMC Groups - Colorado Mountain Club](#). The 2023 WSG Council meetings will be held 5/15, 7/17, 9/12 and 11/6. Zoom availability, time and location will be determined closer to the meeting dates. WSG members are welcome to attend.

CMC connects Coloradans with more than 3,000 trips, hikes and activities annually. Members also receive huge deals on outdoor gear, lodging, events and more.



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