# **Detailed Itinerary**

# Day 1 Guatemala City to Antigua

Feb 16,2024

Arrive at Guatemala City international airport where a One Seed representative will meet you and provide you with transportation to Antigua, approximately a one hour drive. After checking into the hotel there will be a trip briefing and you will be able to ask questions

The rest of the day is ours to spend as we please. We can go out as a group or individuals.

Meals Included: None Lodging Included: Hotel 3 star double occupancy Transport included: Private Airport Transport to Antigua

## Antigua

Day 2 Feb 17, 2024

<sup>4</sup> After breakfast, head out for a historical walking tour of Antigua. You will receive an introduction to Guatemalan lifestyle, traditions, and culture. Enjoy the harmonic combination of past and present as we visit ancient buildings that were once convents, monasteries, and churches.

We will stroll through the main square, the Plaza Mayor, home to the beautiful Royal Palace of the Captains General, the Cathedral San Jose, and other historic buildings. The afternoon is ours to spend as we please. We can go out as a group or individuals

Meals Included: Breakfast Lodging Included: Hotel 3 star double occupancy Included: Guided walking tour



The Plaza Mayor

Antigua: Hike the Pacaya Volcano

February 18, 2024

Depart the hotel at 8:00 am and travel approximately 1.5 hours to the trail head of Pacaya Volcano. Located in Pacaya national park it is a storybook volcano with a continuous plume of smoke drifting from its summit. There is a massive dried lava field forming in the valley at the base of the caldera. We will hike through the rugged dried lava fields recently reformed by a massive eruption in 2010.

Depending on conditions we will stop for a freshly prepared picnic lunch while enjoying the views of the nearby volcanoes of Agua, Fuego, and Acatenango. And possibly roast some marshmallows in warm lava rock pockets. Following lunch we will return to the trail head and travel back to Antigua

Meals Included:Breakfast, Lunch Lodging Included: Hotel 3 star double occupancy Included: private transport, guided hike Total hiking distance: approximately 4 miles, 1200 vertical feet



Hiker enjoying the Volcanos

### Antigua: Mountain Biking

Feb 19. 2024

Day 4

After breakfast, head out for a mountain biking exploration of the Antigua area. The group will be divided in two depending on ability and comfort level. Then we will depart Antigua on cobblestone and dirt roads towards Volcan Agua and San Juan del Obispo.

We will bike through agricultural fields, coffee farms, avocado trees and traverse across the lower sections of Volcan De Agua with great views of Antigua and the rest of the valley. The downhill ride will bring us to the village of San Pedro las Huertas and then we cruise back to Antigua.

Meals Included: Breakfast Lodging Included: Hotel 3 star double occupancy Included: Guided bike tour, bike and equipment rental



Mountain bikers ready for the trail

# Day 3

## Day 5 Antigua to Acatenango Camp

# Feb 20,2024

At 8:00 am we will travel to the village of La Soledad where we will begin the hike up Acatenango Volcano. The route has four micro climates. The first is farmland and is the same path used by villagers to reach their crops. The second passes through old growth, high alpine cloud forest which is the home to many exotic birds, including the Quetzal. Here we stop for a picnic lunch.

Temperate and tropical forests characterize the third climate. The fourth climate is the storm beaten tree line of the volcano. Just below tree line, at 12,300 feet is where we will camp. Relax, take in the views, as dinner is being prepared for you.

Meals Included: Breakfast, lunch, dinner Included Lodging: Tent camping 2 people in a 3 person tent Included: transportation, guided hike Hiking: 5 miles, 3600 elevation gain, 5 to 6 hours

#### Acatenango Camp



# Day 6 Location: Acatenango Camp to Antigua

Feb 21, 2024

Depending on weather conditions, rise early and enjoy the sunrise over the volcano peaks. Then we will hike approximately 1 hour up a steep gravel trail through a pine forest, which leads to the windy summit of Acatenango Peak at 13043 ft. At the summit enjoy the 360 degree view of the Guatemalan highlands stretching all the way to Mexico.

After a return to camp, we will eat breakfast, and break camp. On the three hour descent we will follow a different trail so we can enjoy some new beautiful scenery on the way down. Transport will be waiting at the trail head to take us back to Antigua.

Meals Included: Breakfast Lodging Included: Hotel 3 star double occupancy Included: Guided hike, private transport



Hiker at Sunrise Acatenango Volcano

# Day 7 Antigua to Lake Atitlan

Feb22, 2024

In the morning we will travel 2.5 hours to the village of Panajachel where we will board a boat and head out onto the lake for a cultural tour. We will visit quaint Mayan villages that surround the lake and meet local residents that will teach us about their traditional way of life such as weaving at a women's co-op and a shrine to the infamous Maya saint, Maximon.

We finish at our hotel where there will be time for lunch, swimming, or relaxing in a hammock and taking in the views.

Meals Included: Breakfast Lodging Included: Hotel 3 star double occupancy Included: Private transport, boat tour



Lake Atitlan

#### Lake Atitlan

Day 8 Feb 23,

2024

Start the day with a healthy breakfast. Once satiated we will meet our guide and head down to the lake for a kayaking and hiking tour. First we will paddle west along the north shore of Lake Atitlan for 1.5 to 2 hours passing tiny villages perched on the side of sheer ridges. Depending on the weather and the speed of our group there could be time for some swimming and cliff jumping.

We will continue kayaking until we reach a trail that connects the villages along the lake. Pass through small villages as you hike the shore line for around 1.5 hours eventually returning to Jaibalito where our hotel is located. Lunch will be served at the hotel.

Meals Included: Breakfast, Lunch Lodging Included: Hotel 3 star double occupancy Included: Guided kayak and hike Total distance kayaking: Approximately 2 hours Total distance hiking: Approximately 3 miles



Kayaking on Lake Atitlan

Lake Atitlan to Antigua with a coffee farm tour

Feb 24, 2024

Day 9

In the morning we will make our way back to Antigua. After a quick lunch break we will head to the northwestern part of the city for a visit to the Finca Azotea coffee farm. Guatemala is famous for its excellent coffee and this visit will give us insight on the local coffee industry. Finca Azotea has a large capacity to process coffee, so other growers in the area bring their coffee here to be processed.



The local market

The farm has a maze of trails through shaded trees. We should be able to see many native birds. After walking we will have the opportunity to sample different varieties of coffee. The farm also offers a great music and textile museum that we have time to explore. Once done with the farm we will return to our hotel for a farewell dinner.

Meals Included:Breakfast, Farewell dinner Lodging Included: Hotel 3 star double occupancy Included: private transport, coffee farm tour

# Day 10 Antigua to Guatemala City and departure

Feb 25, 2024

In the morning, enjoy one last cup of Guatemalan coffee and say goodbye to Antigua. Transportation to the airport for your flight home.

Meals Included: breakfast Included: private transport to airport



Volcano Agua