



Rocky Mountain Over The Hill Gang

Hill Topics

FEB 2023



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FUN SOCIAL EVENTS



FEBRUARY 11

DIM SUM LUNCHEON, EMPRESS SEAFOOD RESTAURANT

MARCH 11

WINE TASTING

Saturday, March 11. Join us for wine tasting, a tour and lunch at Balistreri Vineyards. 1946 East 66th Ave, Denver. Taste 7 wines, then enjoy one glass of your choice while you eat lunch of a salad, soup and bread.

\$42 /person all inclusive, pay Balistreri day of event.

REGISTER ON THE WEBSITE BY MARCH 3 TO RESERVE YOUR PLACE.

[Click here to register](#)

APRIL 12

LINE DANCING

Wednesday April 12, 7pm, Grizzly Rose, 5450 Lincoln St., Denver (visible from I-25) Line Dancing class (one hour) and an evening of live music and dancing to follow. No cover charge, pay \$5 at the door for dance class. Food and beverages available for purchase.

REGISTER ON THE WEBSITE BY APRIL 10 SO WE KNOW YOU ARE COMING AND WE WILL SAVE YOU A SPOT.

[Click here to register](#)

STAY TUNED FOR MORE EVENTS TO COME

RAILROAD MUSEUM TOUR, HYDROPONIC GARDEN TOUR AND MORE



SECTION CHAIR'S MESSAGE

Hi gang members:

Happily, we are having a great start to this winter. I'm sure water resource managers for the western United States are cheering this start and hoping it continues. For the rest of us, it means fun in the beautiful, quiet outdoors painted white.


Did you know that the gang has instructional classes that include equipment to learn about snowshoeing? Thanks to Robbie Monsma for helping us continue our outside ways in the winter. If you go to the Schools & Classes tab on the CMC.org website then search snowshoeing you can get more information and sign up.

Once you are comfortable with the basics, there are many local places to try out your skills including trips offered by RMOTHG and the club. An amazing Colorado resource is Snow Mountain Ranch outside Granby. Isn't it amazing we have this 5000 acre play land so near Denver, operated by the YMCA, where you can snowshoe and Nordic ski. Another really beautiful place to go is Devil's Thumb Ranch just outside Tabernash - it feels so remote yet easy to access.

If your winter preference is to stay inside by the fire then maybe you can volunteer helping the club to call other members. There is a link to click in the newsletter article to volunteer or get more information.

I hope have a nice February.

Laurine Rowe



SAVE THE DATE FOR TURQUOISE LAKE!

AUGUST 7, 8 AND 9

Camp, hike, kayak, and/or bike ride with your RMOTHG friends at Turquoise Lake near Leadville. Registration opens March 1st - details to come in your March newsletter.





CALLING ALL VOLUNTEERS!

Do you want to share your love of Colorado Mountain Club with those who are newer to the club? Consider helping with a CMC Renewal Phone Drive! After the 15th of each month volunteers will be sent a list of CMC members who are up for renewal. Your task is to connect with them and see what they love about the Colorado Mountain Club. In addition to talking about your favorite outdoor club, you'll remind them that their membership is up for renewal and that they don't want to miss out on another year of community and adventure!

This volunteer work can be done from home, and on special occasions we'll host in person challenges at the office in Golden.

If you are interested in this opportunity please [click here](#) to fill out the interest form. The CMC Office staff will be in touch soon!

BEGINNER SNOWSHOE CLASS - NEXT SESSION FEB. 22



We had a blast up at South Sourdough even though it was a windy day.

The next RMOTHG session is February 22.

Other sessions available on weekends throughout the winter.

Snowshoe kits to borrow for the day available.

HOW TO USE OUR NEW WEBSITE

The **VIDEO TUTORIAL** this month is about updating **MY PREFERENCES**. You can access the video by clicking [here](#).

My Profile: Update your name, change your username, change your password, add a picture or bio. Ensure your group is correct (i.e. Denver) and select Activities I'm Interested In by clicking in the box to bring up the drop down menu.

Contact Information: Please make sure your contact information is current.

Demographics: This section is optional, and all information is kept confidential by individual, it is only used to report high level group information.

Email Preferences: Request monthly CMC email publications, in addition to group and section monthly newsletters.

Alerts & Notifications: The RMOTHG weekly 5 pm email will be discontinued in 2023. In this section you can set your preference to receive emails based on your group and selected activities as they are posted to the website, daily or weekly.

Categorization: Please select both RMOTHG and Rocky Mountain Over the Hill Gang in addition to all your other tags.

Don't forget to SAVE all your changes.

If you have ideas for additional videos on how to use the new website, please send me an email (kathy@cefpeeps.us)



LEGAULT MOUNTAIN



SNOWSHOEING



Thanks to our RMOTHG Leaders for leading snowshoe and winter hike trips for us all! February offers more trips, though not necessarily on Wednesdays, our traditional day for outings. We've had Bad-Weather-Wednesdays so leaders look ahead at weather forecasts and offer trips on other days instead. We also cancel trips with miserable weather or when driving conditions aren't safe. Being positive, though, we prepare for any weather changes on a trip with appropriate clothes and gear. We also carry Yak Trax or Microspikes for icy, hard-packed conditions!

Never snowshoed? Take a free RMOTHG snowshoe class offered on this link: [CLICK HERE](#).

In this snowshoe class, you'll learn about prepping for a trip, trail techniques, breaking trail, and fall recovery. You'll then be able to select a RMOTHG snowshoe trip with confidence! This one-half-day-in-the-field course supplies each student with a snowshoe/pole kit for the day. Just wear waterproof boots and tall gaiters. Location and carpool details TBD the week before class day.

If you're not already on **Jeff's 5 pm Friday snowshoe email announcement list for the next week's trips**, email a request to snowshoe.list@RMOTHG.org. Snowshoeing is an excellent way to enjoy local trails and keep up your conditioning all winter long. Come join RMOTHG on beautiful, snowy Colorado trails for great exercise, delightful camaraderie, and fun!

~Elaine Kallos



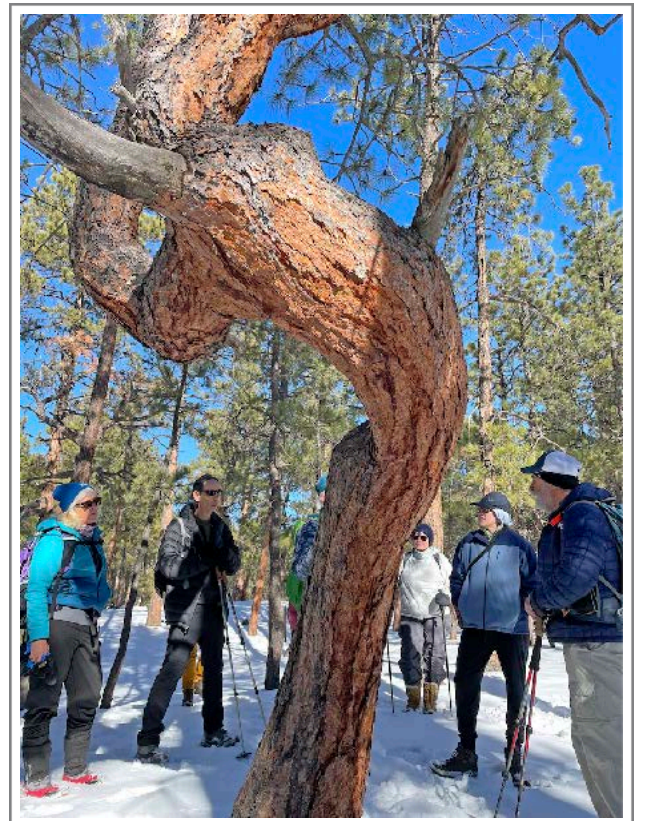
FUN WE'VE HAD

JIM CREEK SNOWSHOE



SIGHTS WE'VE SEEN

CULTURALLY MODIFIED
TREE HIKE - FOX RUN
REGIONAL PARK



PLACES WE'VE BEEN

NATIONAL WESTERN STOCK SHOW



ROCKY MOUNTAIN OVER THE HILL GANG

A Section of the Colorado Mountain Club Denver Group

RMOTHG SECTION BOARD

Chairperson	Laurine Rowe laurinerowe@msn.com
Vice Chairperson	Dennis Baumfalk dkbaumfalk@msn.com
Secretary & Emergency Contact	Kathy Crawford kathy@cefpeeps.us
Treasurer	Bob Barday rjbarday@msn.com
Communications Officer	Kathy Crawford kathy@cefpeeps.us
Membership Officer	Susanne Spandau sespandau@gmail.com
Members at large	Ginny Keir gjkeir@gmail.com Scott Kramer skramer1016@gmail.com Andrew McGregor andrew.d.macgregor@gmail.com Mike O'Connor mikeoc111@gmail.com
CMC Denver Council Liaison	Kathy Nordine kathyscomputer@comcast.net

ACTIVITY COORDINATORS

Snowshoeing	Elaine Kallos ekallos11@gmail.com Jeff Flax jeff.flax@gmail.com
Cross Country Skiing	Jeff Flax jeff.flax@gmail.com
Biking	Wayne Tomasello wtomasello@outlook.com Jeff Flax jeff.flax@gmail.com
Hiking	Martha Mustard mustardo3@comcast.net Jeff Flax jeff.flax@gmail.com
Social Events	Carol Wier carolwier365@gmail.com
Newsletter	Maryann Mayer tophillnews@gmail.com

**DOWNLOAD NEWSLETTER**

CMCDenver.org/newsletter
CMC.org/RMOTHG

SEE BOARD MINUTES

CMCDenver.org/board/minutes

READ BYLAWS

CMCDenver.org/bylaws

**IF A FELLOW RMOTHG MEMBER
HAS A SERIOUS ILLNESS,
INJURY, OR HAS PASSED AWAY,**

please contact our RMOTHG
secretary to send a friendly note
to that member/member's family