



# Rocky Mountain Over The Hill Gang

## Hill Topics

MAR 2023



## FUN SOCIAL EVENTS

### ALTIUS URBAN FARMS !

Did you know that there is a farm in the heart of Denver? It's right around the corner from Larimer St. and the busy RINO dining and shopping district. Altius grows greens and herbs year around for area restaurants, food service, markets and residents.

**Curious?** Check out their website, or better yet, join us for a tour on Saturday, May 13th. [www.altiusfarms.com](http://www.altiusfarms.com).

The 60 min tour will start at 10 am. Photos are permitted. Guests should wear closed toe shoes and masks. Reserve and purchase your \$25 ticket in advance on the CMC website. Parking is ample on 25th St.

**Questions?** Contact Linda Thompson, [lthomp1067@gmail.com](mailto:lthomp1067@gmail.com).

[Click here to register](#)



### UPCOMING SOCIAL EVENTS! Sign up here

**March 11, Saturday, 11am , Balistreri Vineyards WINE TASTING and lunch**

[Click here to register](#)

**April 12, Wednesday, 7pm, LINE DANCING at the Grizzly Rose**

[Click here to register](#)

**May 13, Saturday, 10am, Altius URBAN FARM tour, tasting, and optional lunch in RINO to follow**

[Click here to register](#)

### SAVE THE DATES

**June 3, Saturday, 9am, Denver RAILROAD MUSEUM, 2 hour tour followed by optional lunch**

**July 15, Saturday, ANNUAL PICNIC at Staunton State Park, hikes, bike ride, lunch and more**



## SECTION CHAIR'S MESSAGE

Happy March to all the Gang



On a recent trip I saw this sign outside a shop in Panama City



On the same trip in St Lucia was this mural

**We all want the same things.**

A fun, local CMC adventure taking place in August is the In State Outing and there are still spots available. I hear that the food is really good and the location looks like a lot of fun.

Our RMOTHG section has a couple of other outings that will be on the calendar soon. The Turquoise Lake camping trip and the 2024 snowshoe hut trip are both being planned.

The social committee does a great job planning monthly events but new ideas and any help you can offer are always appreciated!

Happy St. Patrick's Day and the luck of the Irish to you...

Laurine Rowe



**REGISTRATION NOW OPEN!**



## TURQUOISE LAKE CAMPOUT

**AUGUST 7, 8 and 9**

**Lottery Registration Deadline: April 15**

[REGISTER HERE USING SURVEY MONKEY](#)

**Lottery Drawing for Campsites: April 30**

**Lottery Winners Notified: May 1**

**Final Registration and Payment Due: May 15**

### CAMPOUT DETAILS

- The annual RMOTHG Campout will once again be at beautiful Turquoise Lake near Leadville. Click here [Baby Doe Campground at Turquoise Lake](#) for information about the campground.
  - Arrive Monday, August 7
  - Depart Thursday, August 10.
- The estimated campsite cost for all 3 nights is \$30-\$35 per person. The final campsite cost will be determined once registration closes on April 15.
- Campground amenities include vault toilets and drinkable water. Showers are available in nearby Leadville.
- Activities include biking, hiking, fishing, boating (bring your own,) golf, happy hours/dinners, games and group campfires. The lake is easily accessible from the campsites.
- Potluck dinners will be held each evening and campers will be asked to bring 2 dishes to share over the course of the campout.

### LOTTERY DETAILS

- We will hold a lottery after April 15 to determine the campers for this year.
- A Survey Monkey registration for one, or two sharing a shelter, counts as one lottery pick.
- If you or your party of two do not make the list, you will be placed on a wait list - but hold fast, as several people move up to the campout every year.

### FINAL REGISTRATION AND PAYMENT DETAILS

- We will hold a lottery after April 15 to determine the campers for this year.
- You will be notified by May 1 if you have a campsite. At that time, you will be given a link to sign up and pay on the CMC website as you do for other events
- **YOU MUST REGISTER AND PAY THE FEE ON THE CMC WEBSITE BY MAY 15 OR YOU WILL FORFEIT YOUR SPOT**

Please email Kathy Crawford with any questions, comments, or concerns at [kathy@cefpeeps.us](mailto:kathy@cefpeeps.us)

# Help Wanted

## NEWSLETTER EDITOR

*The Time has come, the Walrus said .....*

After 10 years, it is time for me to retire from doing the newsletter.

I will be happy to train you and will be available to help you as you learn the ins and outs.

This really is a great creative endeavor, and I know you will have fun doing it!

Please contact me at [tophillnews@gmail.com](mailto:tophillnews@gmail.com) or call 303-670-8504 (be sure to leave a message!)

Thanks! *Maryann*



## HOW TO USE OUR NEW WEBSITE

### USING THE WAITLIST OPTION

Have you wanted to sign up for a trip but noticed there is a waitlist, so you don't sign up because you figure you'll never 'get on' the trip? Well, many times those on the waitlist do in fact make it onto the trip! The Olympus system (our website) will automatically add you to a trip when space is available, and you will then receive an email that you are an active participant on the trip.

On the flip side, if life has intervened and you cannot make a trip, please cancel on the website unless the trip registration has closed, then you need to contact the trip leader to cancel. If you have any questions about using the website or managing your trips, please feel free to reach out to me at [kathy@cefpeeps.us](mailto:kathy@cefpeeps.us) for help.

## BEGINNER SNOWSHOE CLASS NEXT SESSIONS - MAR 4 + MAR 8

Due to weather concerns, the February 22 RMOTHG Beginner Snowshoe School was rescheduled to Wed, March 8. There is another session available Saturday, March 4. Roster spots available for both.

**Snowshoe kits to borrow for the day available.**







# SNOWSHOEING

Hard to believe it's March and only two more months of official snowshoe season! We've had good snow in the mountains and leaders have been offering both snowshoe and winter hike trips. But we need more leaders! Being leader means you choose your own pace, your favorite places to shoe/hike. Supportive, cooperative RMOTHG members happily follow your lead! Leader training gives you skills to help others enjoy our mountain shoes/hikes as much as you do. We can use you! Contact Martha Mustard: [mustardo3@comcast.net](mailto:mustardo3@comcast.net). Or Jeff Flax: [Jeff.Flax@gmail.com](mailto:Jeff.Flax@gmail.com).

You can still join RMOTHG members on a Spring snowshoe/hike as March and April can be our snowiest months! We shoe for a couple of hours, enjoy lunch in a pretty spot, and snowshoe or hike back to our cars, satisfied and happy we experienced our Colorado winter outdoors with like-minded others! We mostly follow the CMC mantra of *No such thing as bad weather. Just bad gear*. But leaders check weather and if it looks miserable to start or if driving conditions aren't safe both going and returning, we cancel. Otherwise, we wear appropriate clothes to handle changes in weather as we shoe or hike! We also carry Yak Trax or Microspikes for icy, hard-packed conditions.

If you're not already on the email snowshoe/winter hike announcement list to receive emails Jeff sends out **Fridays, at 5p.m.** to let you know about the following week's Wednesday trips, send an email to [snowshoe.list@RMOTHG.org](mailto:snowshoe.list@RMOTHG.org). Jeff also announces trips on other days when leaders offer them! Your fellow RMOTHG members look forward to seeing you on a Spring snowshoe or hike soon!

~Elaine Kallos



NORTH ROCK CREEK - "It felt like Spring!"

## WHY WOULD I WANT TO BECOME A CMC TRIP LEADER?

Has this happened to you? All the current trips offered that you are interested in are full with long waitlists. You see a trip you would like to do but it is scheduled on a date that you are not available. You have a favorite hike you like to do but it has not been offered in a long time.



Become a trip leader! Lead trips to all your favorite places. Go when you want to go and you never have to be on wait list on your own trips.

In addition, a leader in training and current trip leaders qualify for free Leadership Scholarship courses in Wilderness First Aid, CPR/AED and Avalanche Training.

Becoming a volunteer trip leader is also a great way give back and contribute to our club's success.

Click on the link below to learn about become a volunteer trip leader.

<https://www.cmc.org/members-volunteers/volunteer-with-us/trip-leader-track>

## 2023 BACKCOUNTRY INCIDENT MANAGEMENT SCHOOL

Although rare within the CMC, backcountry incidents when they do happen are stressful, confusing, and the wrong activities can potentially compound to make a bad situation even worse. For those who have always wanted a means to review, practice, and improve the skills needed to successfully manage the initial aspects of an unforeseen incident, the CMC now offers the Backcountry Incident Management School.

Classes for this all-day event will occur several times this summer:

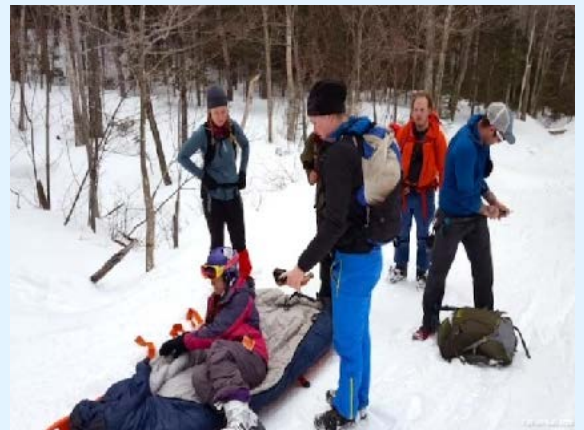
- May 20: Student Session 1
- June 17: Student Session 2
- Aug 19: Student Session 3
- Sept 23: Student Session 4

Prerequisites:

- Priority given to CMC trip leaders and school instructors
- Successful completion of a recent Wilderness First Aid course

Course tuition: \$30

Enrollment will open April 3 (a Monday) for all 2023 summer dates. Students will select a date based on preference, however, since enrollment is limited (based on instructor availability for each date) having alternative dates in mind will increase your chances of getting in. For additional information, email: [Rich.McAdams@hotmail.com](mailto:Rich.McAdams@hotmail.com)

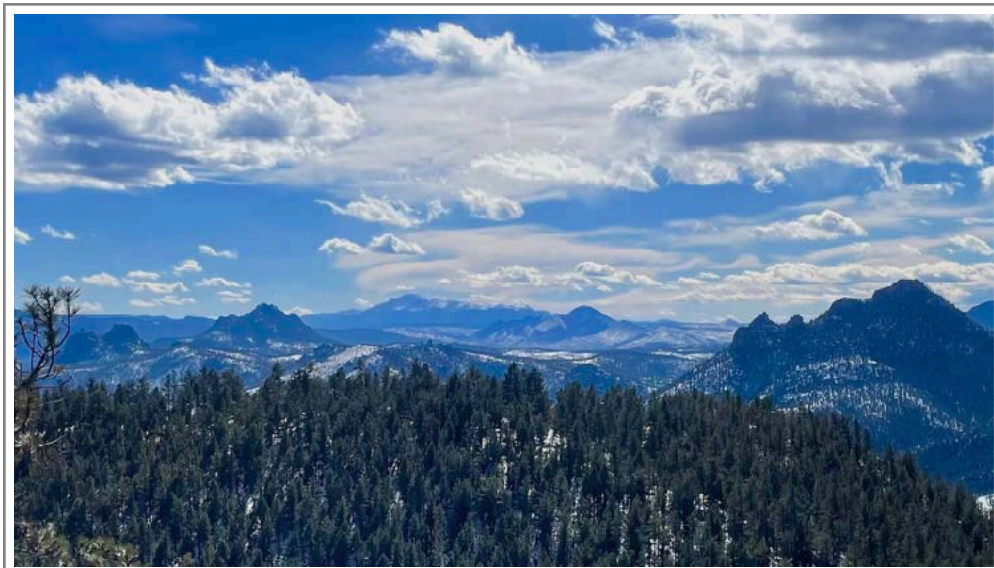




SIGHTS WE'VE SEEN



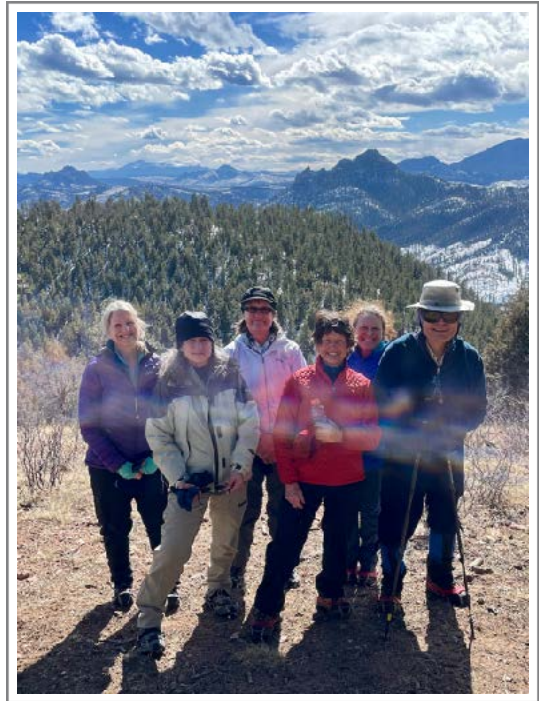
PANORAMA POINT



REYNOLDS PARK



**PLACES WE'VE BEEN**



**REYNOLDS PARK**



**BUTLER GULCH**



**NORTH TABLE MOUNTAIN**



**FRANCIE'S CABIN & BEYOND**



**ROCKY MOUNTAIN OVER THE HILL GANG**

A Section of the Colorado Mountain Club Denver Group

**RMOTHG SECTION BOARD**

Chairperson	<b>Laurine Rowe</b> <a href="mailto:laurinerowe@msn.com">laurinerowe@msn.com</a>
Vice Chairperson	<b>Dennis Baumfalk</b> <a href="mailto:dkbaumfalk@msn.com">dkbaumfalk@msn.com</a>
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	<b>Mike O'Connor</b> <a href="mailto:mikeoc111@gmail.com">mikeoc111@gmail.com</a>
CMC Denver Council Liaison	<b>Kathy Nordine</b> <a href="mailto:kathyscomputer@comcast.net">kathyscomputer@comcast.net</a>

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[CMC.org/RMOTHG](http://CMC.org/RMOTHG).

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[CMCDenver.org/board\\_minutes](http://CMCDenver.org/board_minutes)

**READ BYLAWS**

[CMCDenver.org/bylaws](http://CMCDenver.org/bylaws)

**IF A FELLOW RMOTHG MEMBER  
HAS A SERIOUS ILLNESS,  
INJURY, OR HAS PASSED AWAY,**

please contact our RMOTHG  
secretary to send a friendly note  
to that member/member's family