

PIKES PEAK GROUP SAFETY & LEADERSHIP

CMC TRIP LEADER APPLICATION

View PPG Trip Leader Information at <https://www.cmc.org/members-volunteers/leader-resources/trip-leader-school-documents/ppg-tls-resources/trip-leader-information-ppg.pdf>

To apply to be a CMC Trip Leader, you must:

- Have participated in at least CMC Trips
- Complete the CMC Trip Leader School (TLS) curriculum per the CMC Website (www.cmc.org)
- Have a current Wilderness First Aid (WFA) certification
- Successfully complete a Leader-in-Training (LIT) trip
- Complete and submit this form with a copy of your current WFA certificate to the PPG Safety & Leadership Chair

NAME _____ EMAIL _____
ADDRESS _____

5 Previous CMC Trips (Date/Trip Leader)

1. _____ 2. _____ 3. _____
4. _____ 5. _____

CMC TRIP LEADER SCHOOL (TLS) Completion date / Instructor (required) _____

CURRENT WFA EXPIRATION DATE (required) _____

IF APPLICABLE:

AVALANCHE TERRAIN AVOIDANCE (ATA) Training Date _____

AIARE Level 1 (OR EQUIVALENT) Training Date _____

YOUR SIGNATURE _____ DATE _____

LEADER-IN-TRAINING (LIT) TRIP

It is your responsibility to contact a PPG trip leader (your instructor trip leader) for permission to be a LIT on the trip. You need to successfully complete one LIT trip with a current Trip Leader before applying for Trip Leader certification. If possible, choose a LIT trip like you plan to lead as a Trip Leader. **Note: LIT Trip Leaders see below**

Trip name _____ Date of trip _____

Instructor Trip Leader name _____

Did the LIT successfully demonstrate the ability to be a Trip Leader? _____ YES _____ NO

Instructor Trip Leader signature _____ Date _____

Trip Leader Comments or suggestions for LIT Participant:

LIT Trip Leaders, thank you for helping to train and evaluate future PPG CMC trip leaders

LIT Trip Leader Checklist

Before the trip, the LIT:

_____ Became familiar with the trip (e.g., research, scouting, discussion of trip plan with Instructor Trip Leader)
(Note: To avoid confusion, the Instructor Trip Leader, not the LIT, is responsible for making any pre-trip contacts with guests/members, although it is encouraged to allow the LIT to participate in this process and/or discuss it with them)

At the meeting place, the LIT:

- _____ Arrived early to greet participants and handled liability waivers with guests
- _____ Introduced self, took roll call, and noted additions to and no-shows on trip roster
- _____ Checked essential equipment, clothing, and skills for trip
- _____ Facilitated carpooling and provided directions for drivers to get to the trailhead
- _____ Discussed whether and where any coffee/bio break stops would occur

At the trailhead, the LIT:

- _____ Took headcount, performed introductions, and again checked for essential clothing and equipment
- _____ Described the planned route, policy on breaks (location, frequency, duration), and general pace
- _____ Discussed any safety concerns and assigned a rear sweep
- _____ Emphasized "Leave No Trace" principles
- _____ Asked participants to advise Instructor Trip Leader and LIT of any relevant medical concerns
- _____ Discussed any other important items for this trip (special sights, hazards, etc.)

During the trip, the LIT:

- _____ Maintained an appropriate pace
- _____ Took regular, appropriate stops for clothing adjustments, water and snacks, and bio breaks
- _____ Talked with rear sweep to check on group pace and cohesiveness
- _____ Was attentive to participants, checking periodically on their status

At the end of the trip, the LIT:

- _____ Checked that everyone had returned safely and that all cars started
- _____ Recapped the highs and lows of the trip and solicited feedback from participants
- _____ Suggested a group stop on the way home (if appropriate)